

The RDPSSA Swimming Carnival
Monday 21st February: Warrandyte South District

Time: 2.20 pm to 3.30 pm.

Students have to make their own way to and from Yarra Valley Grammar swimming pool.

Students can compete in 2 events.

The carnival is open to **10, 11 and 12/13 year olds. Nine year olds will compete in the 10 year age group.**

Please read the following information to see if your child qualifies.

Any interested students please email me for further information at

Bronwyn.chisholm@education.vic.gov.au

The **RDPSSA Swimming Carnival** will be held at the **Yarra Valley Grammar swimming pool** on **Monday 21st February 2022**. The swimming trials will begin at **9.10am** and will proceed in the following order.

Each District will be competing at the following times (approx):

- **Ringwood North 9.10am -11.30am (**Be at the pool by 8.50am for a warm up so we can start a bit earlier**)**
- **Ringwood 11.45.am - 2.15pm (**Be at the pool by 11.30am incase we start earlier**)**
- **Warrandyte South 2.20 - 3.30pm. (**Be at the pool by 1.50 pm incase of an earlier start**)**

These are very approximate times as there are only 6 lanes at this pool so we may have to run more heats.

PLEASE NOTE NO SWIMMING ENTRY FORMS NEED TO BE FILLED OUT OR SENT.

The events are **all 50m** in the following strokes: Freestyle, Backstroke, Breaststroke, Butterfly, the 4 x 50m Freestyle Relay and the 4x50m Medley Relay (Backstroke, Breaststroke, Butterfly, Freestyle). The **medley relay** is an ‘open age’ event. Each School is permitted to enter one boys/mixed and one girls medley team. Qualifying times are provided to assist with competitor selection (guide only).

NB: Yarra Valley Grammar pool is a 25m pool so a “tumble turn” or a “touch and turn” will be required to complete 50m. The water is not very deep, diving is permitted, but it will not be off blocks.

Heats will be run - A 'First District Swimming' ribbon will be given to the overall winner of each event, plus information for the Division Swimming carnival. 1st to 4th ribbons will be awarded to individual heat winners.

Please ensure that selected students are capable of swimming 50m proficiently in their preferred strokes.

Qualifying Times:

Stroke	All age groups
50m Freestyle	Up to 55 secs
50m Backstroke	Up to 60 secs
50m Breaststroke	Up to 65 secs
50m Butterfly	Up to 65 secs

COVID Arrangements

NB: Competitors in Ringwood and Warrandyte South Districts will need to wait outside until they are called poolside.

NO PARENTS WILL BE ALLOWED TO ATTEND THIS YEAR. THEY CAN WATCH FROM OUTSIDE IN THE CARPARK WHICH IS WHERE THE STUDENTS WILL BE DISMISSED TO ONCE THE SCHOOL HAS FINISHED.

- **Swim caps will be required by all swimmers.**

Only bottled water is allowed in the pool area. No food is to be consumed inside the pool area.

Successful competitors who qualify for the **Maroondah Division Swimming Carnival on Monday 28th February 2022** will be given their information sheet at the RDPSSA Carnival.

Kind Regards
Bonny Chisholm
PE Teacher