



SPECIALIST NETBALL COACHING – TERM 2

Taught and Bowled is offering specialist netball coaching programs this winter for aspiring young netballers.

Program details

The program runs over 4 x one hour sessions and includes a weekly take-home program for participants. Programs will be tailored for each area of the court so that you can receive coaching that is specific to your game. The program is open to girls aged 9-13 years, playing in Primary (U/11) and Sub Junior (U/13) competitions.

Sessions will be run indoors with a maximum of six players in a group. The cost for the 4 x 60 minute sessions is \$120. The program will be planned by Alice Johnswood, Intermediate Level Accredited coach with over 15 years' experience coaching. Sessions will be delivered by Alice and other similarly qualified coaches. There are two programs available:

East Adelaide	Ascot Park
Day: Sunday	Day: Sunday
Dates: June 19, June 26, July 3, July 10	Dates: June 19, July 3, July 10, July 17
Goal shooters and general skills: 10-11am	Goal shooters and general skills: 11am-12pm
Mid-courtiers and defenders: 11am-12pm	Mid-courtiers and defenders: 12-1pm
Address: Third Avenue, St Peters	Address: Pildappa Avenue, Park Holme

Programs will also be run during Term 3, details are on the website.

To register please visit taughtandbowled.com.au > Netball Coaching > Specialist Netball Coaching

Please contact Alice Johnswood at alice@taughtandbowled.com.au or on 0412 454 784 for further details.