



Holy Spirit Community School

Ph: 9876 1103
120 Oban Rd, Ringwood North VIC 3134

Dear Parents and Guardians,

Holy Spirit is committed to ensuring our students receive a well-rounded education that fosters and nurtures the growth and development of each student as they grow towards maturity. As parents are the primary educators of their children, Catholic schools play an important role in supporting and assisting parents in this area. Taking this into consideration, once again Holy Spirit has partnered with Sue Pain, the founder of About Real Life. Sue will run *two* family sessions (3/4 and 5/6) with our school community aiming to begin conversations about the body, growing up and maturing. After these sessions, Year 5 and 6 classroom workshops will take place in Term 3. More information and permissions will be sent home to each Year 5 & 6 family.

Sexuality education begins at home and is supported by schools through the Health and Physical Education curriculum, Personal and Social Capability and the Education in Faith curriculum. About Real Life's Programs are sensitive to and respectful of the values and beliefs of both parents/carers and families, and provide an excellent starting point for family discussion about human sexuality and respectful relationships.

The dates of the sessions and some information about each can be found below:

Year 3 & 4 Family Workshop **Wednesday 16th June, 6:15-7:15pm**

The **1 hour** presentation to primary years 3 and 4 families includes the following content:

Families	Bodies	Foetal development & birth
Similarities and differences Acknowledging change, and that happy and challenging times are a typical part of family life.	Similarities and differences Privacy & Safety	

Year 5 & 6 Family Workshop **Wednesday 16th June, 7:30-8:30pm**

The **1 hour** presentation to primary years 5 and 6 families includes the following content:

Puberty	Reproduction	Privacy & safety in the real & online world
Hormones, General physical changes, Emotional & social changes, Changes specific to male & female bodies.		

Please note that there will be a classroom program for our Years 5&6 students held in Term 3. This learning will continue across 3 sessions. More information about this program will be communicated to our Years 5 & 6 families.



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There is a fee to participate in the family sessions. Payment for the Family Workshops are to be made via *Trybooking*. Payment and payment information for the Family Workshops are to be made using the following link on **TryBooking**: <https://www.trybooking.com/BRFGU>

We are extending the invitation to all families of Holy Spirit to attend the applicable family workshops and information evening. It is your decision which of the sessions you attend with your child, depending on your child's own development and readiness. Please note for the Family workshops you are asked to only bring your child/ren, who will be seated with you for the entirety of the evening. Please be prepared for discussion as this is an interactive evening.

We strongly believe that these sessions will be worthwhile and beneficial and recommend that they are attended by each family.

We look forward to beginning this journey with you.

Kind Regards,

Kayla Flindt-Petersen,
Learning & Teaching Leader

Rachel Hamilton-Smith
Learning Diversity Leader