



PARENTING TEENS

PARENTS BUILDING SOLUTIONS

Open to all Parents of Teenagers to join us to share experiences, ideas and learn strategies that work.

- How to get your teenager to listen, without having to yell?
- Building a better relationship with
- your teens.
- Feeling stuck or struggling with your teenager?
- Discuss and share strategies that work.
- What's happening emotionally, physically and socially with your teen?

Enquiries: Jasbir Singh Suropada

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or Call 0438 004 285

Dates: Wednesdays 2, 9, 16, 23, 30 August & 6 September 2023

Time: 9.30am - 11.30am

Venue: **Emerald Secondary College**

425 Belgrave-Gembrook Road,

Emerald VIC 3782

To Register: Use Link or Scan QR Code:

https://forms.office.com/r/gti5du11nv





PARENTZONE