



MARIST BASKETBALL



TERM 3 TRAINING SCHEDULE

WEEKS 1 - 4

LOCATION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TRAINING: 7:00 - 8:15am					
Champagnet Centre Court 1	7A	11A	3rds/4ths	8A/8B	5A/5B
Champagnet Centre Court 2	7B	11B	10A/10B	7A/7B	6A/6B
MPC #3	7C/7D	11C	9B		
MPC #4	6B	8C/8D			
AFTERNOON TRAINING: 3:30 - 4:55pm					
Champagnet Centre Court 1	10A	8A	9A	11A/11B	
Champagnet Centre Court 2	10B	2nd V	9C/9D	2nd V	
MPC #3	10C/10D	8B		9A/9B	
MPC #4	6A	5A/5B	6C/6D		
BITUMEN #5		5C	11D		
BITUMEN #6		5D			
Champagnet Centre Court 1 5:00pm - 6:30pm	FIRST V			FIRST V	
GYM SESSIONS					
GYM SESSION			1st V SQUAD		
			3.15 - 4.00pm		