



Toasted muesli

Difficulty: Easy

Type: Breakfast

Allergy advice:

Serves: 30

From the garden:

Equipment:	Ingredients
2x Oven trays	5 cups rolled oats
Baking paper	1 cup processed bran
Measuring cups	1/2 cup honey
Wooden spoon	1/2 cup apple juice
Small serving bowls	1 cup dried cranberries
	1/2 cup flaked or shredded coconut
	1/2 cup dried fruit

What to do:

1. Preheat oven to 160 degrees.
2. Line 2 baking trays with baking paper. Combine oats and bran in a mixing bowl.
3. Place honey and apple juice in a small saucepan over low heat. Cook stirring for 2-3 minutes, or until honey has melted. Carefully stir into oat mixture and mix well.
4. Now add dried fruit and cranberries and combine ingredients.
5. Divide mixture onto prepared baking trays. Bake for 25 to 30 minutes, stirring every 10 minutes or until golden and toasted. Set aside to cool completely before serving.