

COVID-19 Bulletin 8 2022

Term 3 Week 9 2022

13 September 2022

It has been a while since I wrote to you about changing COVID-19 guidelines and despite the ongoing challenges with cold, flu and COVID-19 absences for staff and students, it is wonderful to feel spring on the horizon and to have largely returned to business as usual at the school.

Last week, the National Cabinet announced that the isolation period for positive COVID-19 cases would be reduced from 7 days to 5 days from Friday 9 September for those individuals who have no symptoms at 5 days. The NSW Public Health Order is being updated to reflect these changes.

In mainstream school settings the following advice is that staff, students and visitors who have tested positive to COVID-19 must:

- complete 5 days of isolation from the date they tested positive
- be symptom-free before returning to school; if symptoms remain after Day 5, they must continue following NSW Health guidelines to self-isolate and undertake a rapid antigen test (RAT)
- wear a mask on Days 6 and 7 when attending school. (This applies for all staff and those students 12 years and older).

From 9 September 2022, the Public Health Order requires any student or staff member who tests positive to COVID-19 comply with the <u>NSW Health Testing Positive to COVID-19 Fact Sheet</u> for 7 days after they tested positive. A person who has tested positive is to comply with following requirements:

- register their rapid antigen test on the Service NSW website as soon as possible (PCR test results are automatically registered)
- self-isolate immediately for 5 days from the day they did their test. If they continue to have acute symptoms, such as a sore throat, runny nose, cough or shortness of breath, remain in self-isolation for 7 days from the day they did their test
- not enter certain high-risk settings for 7 days from the day they did their test including hospitals, health facilities, residential aged care, and residential disability care facilities
- notify the school and people they spent time with from the two days before they started having symptoms or two days before you tested positive (whichever came first) that they have COVID-19

Due to the higher risk associated with attending overnight camps, retreats or excursions the isolation period for these activities remains at 7 days from the day they did their test. Staff and students may return to this setting after isolating for 7 days from the date they tested positive if they are symptom-free on their seventh day of isolation.

There were no changes to the requirements for household/close contacts with the change to isolation requirements on 9 September 2022.