Hello, I am Howaida! 🌸

Counselling Student | Swinburne University of Technology

Hello everyone!

My name is Howaida, and I am delighted to be joining Holy Family Primary School as a student counsellor for my placement.

I am currently in my second year of a three-year Master of Counselling pathway at Swinburne University, having completed my Graduate Certificate in Counselling and now working towards my Graduate Diploma.

A little about me…

I am a mum of two energetic boys, 12 and 10 yrs of age, and much of my interest in counselling has grown from my own experiences of parenting, family life and understanding the different emotional needs of children. I believe childhood is such an important stage of life, and that feeling heard, understood and supported can make a lasting difference to a child's confidence and wellbeing.

Before pursuing counselling, I spent many years working in business across different countries and cultures. After moving to Australia and focusing on raising my family, I decided to follow a path that felt more personally meaningful: supporting young people through their personal and educational challenges.

Outside of studying, I enjoy spending time with family and friends, reading, travelling, walking, yoga and keeping active. I am naturally curious about people, diverse cultures and the experiences that shape who we become.

I am really looking forward to becoming part of the Holy Family community, getting to know the children and staff, and contributing to a welcoming, caring and supportive environment where every child feels valued.

I look forward to meeting you all!

Warm wishes,

Howaida Ali
Student Counsellor
Swinburne University of Technology