

FREE



Catching Waves for Well-Being

Junction Australia are excited to announce a collaboration with Surf Culture in presenting a free 7 week program supporting women survivors of Domestic or Family Violence in gaining confidence, body awareness and physical health.

Participants will help design the program which will have the ability to include surf survival knowledge, beach awareness and surf lessons at a local beach with all equipment provided.

The first session will be held in the Hackham area, more information will be provided upon registration.

Bookings essential, Call: 8392 3080, or email telvin@junctionaustralia.org.au



Weekly on Thursdays: 29th Oct- 10th

Dec

12:30pm – 2:30pm

