

fOrT and NORTH January HOLIDAY PROGRAM 2021

Ages 12 – 25 years only

All Activities are Free of Charge



Week 1

THURSDAY 7th January

Drop In: 10 – 3pm

Breakfast: Cereal and Cold Milo

COLOUR RUN (11am)

Lunch: BBQ and Salad

Holiday Pool Comp Begins!

Nintendo Switches

Afternoon Tea: Fresh Fruit and Snacks

FRIDAY 8th January

Movies Excursion (Form Required) 9:30am - 12.30pm

Drop In: 2pm – 4pm

Game On

Pool Table Games

Breakfast: Toast, Cereal and Fruit Juice

Lunch: Salad Wraps

Afternoon Tea: Fruit and Hedgehog Slice

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Week 2

MONDAY 11th January

Drop In: 10am - 4pm

Music Lessons (10am – 12pm)

Arts n Crafts: Tie-Dye T-Shirts Nintendo

Switch, Pool Tables

Breakfast: Muffins with Scrambled
Eggs

Lunch: Spag Bol

Afternoon Tea: Fruit Salad and
Yoghurt Snacks

TUESDAY 12th January

Drop In: 11am – 4pm

Game On + Pool Comp

B-Ball

Breakfast: Toast and Milo

Lunch: Tacos

Afternoon Tea: Fruit and Ice-cream
Sandwiches

WEDNESDAY 13th January

Kardinia Pool Excursion (Form Required):

9:30am – 12.30pm

Drop In: 1pm – 3pm

Lunch: Salad Rolls

Afternoon Tea: Little Quiches

LEVEL UP (Game On Tournament)

3pm - 5pm

THURSDAY 14th January

Adventure Park (Form Required)

9:30am-3pm

Drop In: 3.30-5.30

Karaoke

Make your own Pizza

FRIDAY 15th January

Waterworld Gym Session (Form

Required) 3pm – 5pm

Drop In 10am – 3pm

Breakfast: Honey Crumpets, Raisin Toast

Lunch: Thai style rice

Desert: Cold Rock and Fruit

Nintendo Switch, Xboxes, Pool Comp

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Week 3

<p><u>MONDAY 18th January</u></p> <p>Drop In: 11am – 4.30pm</p> <p>Music Day at fOrT 11am – 1pm</p> <p>Pool Comp, Super Mario Smash Bros</p>	<p>Breakfast: Toasted Muffins</p> <p>Lunch: Chicken Souvlaki</p> <p>Afternoon Snack: Fruit Salad + Yoghurt</p>
<p><u>TUESDAY 19th January</u></p> <p>Drop In: 10am – 2pm</p> <p>B-Ball: 10am – 12pm</p> <p>Stencil Art Project</p>	<p>Breakfast: Raisin Toast, Muffins</p> <p>Lunch: Chow Mien</p> <p>Pool Comp + Super Mario Kart</p>
<p><u>WEDNESDAY 20th January</u></p> <p>Kardinia Pool Excursion (Form Required) 9:30am – 12.30pm</p> <p>Drop In: 1 – 3pm</p>	<p>Excursion: Salad Rolls</p> <p>Drop In: Pancakes with Ice-cream</p> <p>Game On: Fruit and Toasties</p> <p>LEVEL UP (Game On Tournament) – 3pm - 5pm</p>
<p><u>THURSDAY 21st January</u></p> <p>Drop In: 10am – 3pm</p> <p>fOrT Olympics</p> <p>Skateboard Aerosol Design</p>	<p>Breakfast: Big Breakfast</p> <p>Lunch: Burgers and Chocolate or Strawberry Milkshakes</p> <p>Pool Comp</p>
<p><u>FRIDAY 22nd January</u></p> <p>Drop In: 12 – 3pm</p> <p>Waterworld Gym Excursion (Form Required) 3pm – 5pm</p>	<p>Breakfast: Muffins</p> <p>Lunch: BBQ</p> <p>Pool Comp + Game On</p> <p>Skate Comp: 2 - 4pm</p>