RSC UNIFORMS: FREQUENTLY ANSWERED QUESTIONS

What are the uniform expectations and what items does my swimmer need to have?

All swimmers must have an RSC swimming cap.

Swimmers attending competitions/meets must wear the RSC polo with black shorts/pants and black hoodie. If you don't have an RSC hoodie, you can wear your RSC polo over a black hoodie.

Swimmers representing RSC at State and Inter-State meets will be required to have the full uniform.

What uniform packages are available and what are the prices of each item?

Prices for individual uniform items are:

RSC Polo / RSC State Polo: $55

RSC Shorts: $50

RSC Pants: $70

RSC Hoodie: $65 (Terry Towel Style)

RSC Hoodie: Fleece $65

RSC Full Zip Hoodie: $80

RSC T-Shirt: $35 for one or $60 for two (For National Target, State Age and Junior Talent only to be worn at training)

RSC Cap: $20

Package Prices:

Summer Set: Hoodie, polo and short = $160 (add $10 for ZIP hoodie)

Full Set: Polo, shorts, pants and hoodie = $225

Full Set: Polo, shorts, pants and ZIP hoodie= $235

Should I order an RSC Polo or an RSC State Polo?

State Team Polos can be ordered if your swimmer has achieved a State qualifying time, is eligible and intends to swim at a state championship (excluding State Sprints). The price is the same as the standard polo.

How do I know what size to order?

RSC will be stocking both youth and adult sizes of most items. Please consult the size chart below to determine which size you should order for your swimmer. The youth sizes are together with the women's sizing chart.

Will there be sample sizes available to try on?

The club has stock of various sizes. Use the size guide below to work out sizing and then please arranged a time with the uniform officer to have them brought to the pool for your swimmer to try on. They can be contacted via email uniform@ringwoodswimmingclub.org.au

How do I find the right size and fit?

Ringwood Swimming Club Uniform Size Guidelines

The following tables give you broad guidance on size within the RSC & NIKE range.

- If you are on the borderline between two sizes, order the smaller size for a tighter fit or the larger size for a looser fit.
- If your measurements for bust and waist correspond to two different suggested sizes, order the size indicated by your bust measurement.

How To Measure (see following diagrams)

- CHEST: Measure around the fullest part of your chest, keeping the tape measure horizontal.
- WAIST: Measure around the narrowest part (typically where your body bends side to side), keeping the tape measure horizontal.
- HIPS: Measure around the fullest part of your hips, keeping the tape measure horizontal.
- BUST: Measure around the fullest part of your bust, keeping the tape measure horizontal

Size Guide - Men & Unisex

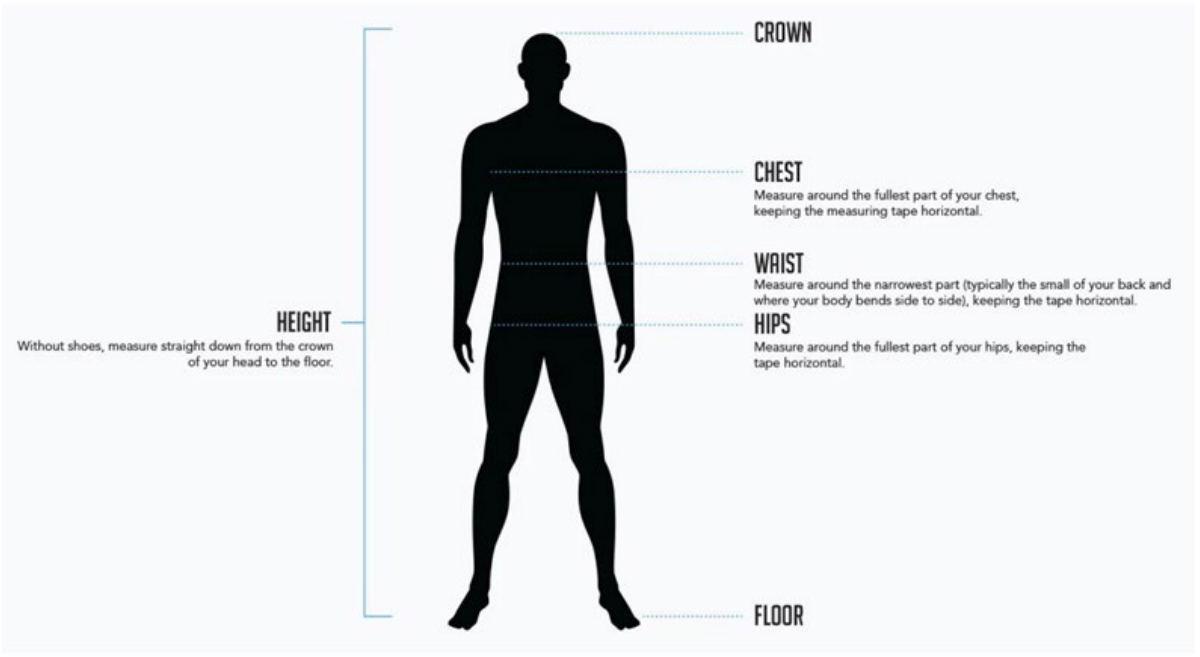
UNISEX (CM)

Size	S	M	L	XL	2XL	3XL
Chest	88-96	96-104	104-112	112-124	124-136	136-148
Waist	73-81	81-89	89-97	97-109	109-121	121-133
Hip	88-96	96-104	104-112	112-120	120-128	128-136
Height	170-183	170-183	170-183	170-183	170-183	170-183

MENS (CM)

Size	**S**	**M**	**L**	L-TALL	**XL**	XL-TALL	**2XL**	2XL-TALL	**3XL**	3XL-TALL
Chest	88-96	96-104	104-112	104-112	112-124	112-124	124-136	124-136	136-148	136-148
Waist	73-81	81-89	89-97	89-97	97-109	97-109	109-121	109-121	121-133	121-133
Hip	88-96	96-104	104-112	104-112	112-120	112-120	120-128	120-128	128-136	128-136
Height	170-183	170-183	170-183	183-196	170-183	183-196	170-183	183-196	170-183	183-196

How To Measure - Mens



Size Guide - Women

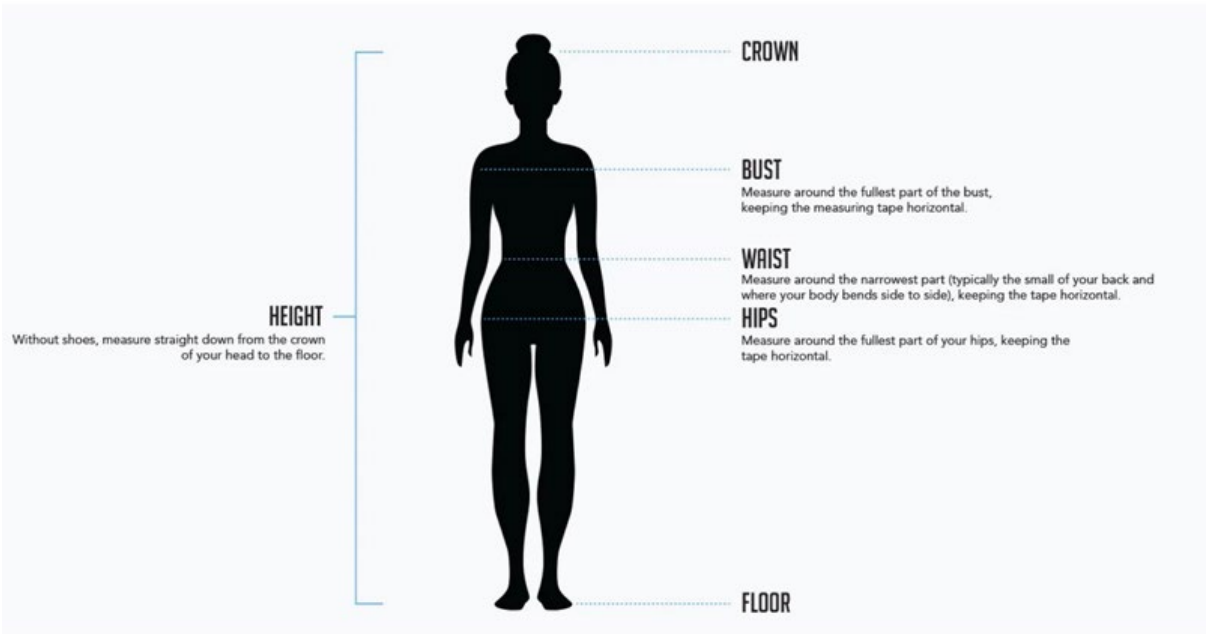
WOMENS (CM)

Size	S	M	L	XL
Bust	83-90	90-97	97-104	104-114
Waist	67-74	74-81	81-88	88-98
Hip	91-98	98-105	105-112	112-120

YOUTH (CM)

Size	S	M	L	XL
Chest	66-69	69-75	75-81.5	81.5-88.5
Waist	61.5-65	65-69	69-72	72.5-75.5
Hip	71-74.5	74.5-79.5	79.5-84.5	84.5-89.5
Av Height	128-137	137-147	147-158	158-170

How To Measure - Womens



Can I exchange items if I order the wrong size?

Yes! We will be happy to exchange any items you purchase that are the incorrect size. Please get in contact with our uniforms officer to arrange an exchange.

How do I pay for my items?

Payment can be made by EFTPOS on pick up of you order or by bank transfer using the details below:

Account name: Ringwood Swimming Club Inc

BSB: 633 000

Account #: 127169266

Reference: Last name + ‘uniform’