Aspect Positive Behaviour Support



# Positive Behaviour Support Workshop

## For Parents and Carers of Children and Young Adults with Autism

(see eligibility criteria below)

Aspect Victoria is pleased to offer our highly successful, contemporary, evidence-based three (3) day Autism specific Positive Behaviour Support Workshop in Echuca.

More than 2000 families have participated in Aspect's Positive Behaviour Support workshops across Australia. Post workshop evaluations showed an effectiveness of the workshops, with participants reporting decreases in challenging behaviours and increases in confidence and capacity to support their children and young adults.

When: 13th, 14th & 15th October 2015

Where: Community Living & Respite Services Inc., 4 Percy St, Echuca VIC 3564

Time: 9:30am-2:30pm (9:15am for registration)

Cost: FREE (Tea, coffee & biscuits provided ~ participants to bring own lunch)

Registration: Register via the "Events & Workshops" section of our website www.autismspectrum.org.au

You may search for this specific workshop location by entering the location into the 'Search Keyword' field

#### **Eligibility to participate in this Workshop:**

- » Parents or carers of children and young adults aged between 6 25 years, diagnosed with Autism
- » The individual with autism must be living at home
- » Participating families are encouraged to invite professionals or service providers working with them to attend the workshop

### Families participating in this workshop will:

- » Develop an understanding of autism and how autism impacts upon learning and behaviour
- » Learn how to be proactive by creating an autism friendly environment at home
- » Learn how to write an autism specific behaviour support plan for one of their child's behaviours
- » Learn how to write a plan to respond confidently when challenging behaviour occurs
- » Learn how to teach new skills to promote their child's independence and quality of life

#### **Enquiries:**

Workshop enquiries: Contact Amber Day Administration – Phone: 03 9377 6600 or email: aday@autismspectrum.org.au Significant barriers to attending a workshop: Contact Heather Kirkhope - Service Coordinator 9377 6600

## What participants say about Aspect Positive Behaviour Support Workshops:

"Brilliant information and concrete strategies to use, thank you. I have learnt very important self-reflection, being able to step back and really look at and examine behaviour, so valuable. I really value the focus on being positive and improving my child's, my own and my family's quality of life. Great workshop – I will highly recommend it to others."

"Fantastic presentation. Very interactive, affirming & capacity building. Ideas not just discussed but taught how to follow through on."

"Best information session on Autism I have been to. So much clarity about getting to the core behaviour, unpeeling the onion. Enjoyed all the visuals. Thank you so much."