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# **Vanilla Chantilly Cream**

Chantilly cream is a sweeter version of whipped cream. It is smooth and satiny. My family loves it on pancakes, chocolate mousse, and just about anything that needs a sweet touch. Enjoy, from my family to yours!

Submitted by MonicaA

**Prep Time:** 10 mins **Total Time:** 10 mins

Servings: 12

Yield: 11/2 to 2 cups

# Ingredients

½ vanilla bean

1 cup heavy whipping cream

2 tablespoons superfine sugar

½ teaspoon vanilla extract

### **Directions**

#### Step 1

Gather all ingredients.

#### Step 2

Split vanilla bean lengthwise with the tip of a sharp knife. Holding the pod open, scrape seeds from each half using the flat side of the knife. Transfer seeds to a large bowl; discard pod.

#### Step 3

Pour cream over vanilla seeds; add sugar and vanilla extract.

#### Step 4

Whip cream with an electric mixer until soft peaks form, 3 to 5 minutes; cover with plastic wrap and chill until ready to serve.

### **Recipe Tips**

Use regular white sugar instead of superfine sugar if desired.

If you overbeat the cream and it becomes stiff, just add a bit more heavy whipping cream and whip softly by hand to reconstitute.

For almond Chantilly cream, use 1/2 teaspoon of almond extract instead of vanilla extract.

## **Nutrition Facts**

Per serving: 79 calories; total fat 7g; saturated fat 5g; cholesterol 27mg; sodium 8mg; total carbohydrate 3g; total sugars 3g; protein 0g; vitamin c 0mg; calcium 13mg; potassium 15mg