Skye Primary School Kitchen Garden Program





Pasta Cream Sauce

Recipe Source: Modified recipe from Julia Frey Vikalinka

Fresh from the garden: Thyme

Equipment:	Ingredients:
Pan	1 cup of cream (250ml)
Wooden spoon	1/2 cup of parmesan cheese freshly
Measuring cups	grated
Grater	1/3 cup of chicken stock
Whisk	3 sprigs of fresh thyme – leaves removed
	Salt to taste

What to do:

- 1. Heat the cream and stock in a pan over low heat but do not let it boil.
- 2. Take if off the heat and whisk in the grated parmesan cheese until melted and smooth. Add the thyme and whisk again.
- 3. Taste the sauce and add the salt as needed (salt is an important ingredient here, so do not skip it).
- 4. To dress the pasta with the cream sauce, add the pasta directly to the pan with the sauce and gently shake the pan to coat the pasta with the sauce. Add reserved pasta water to loosen the sauce if needed.
- 5. Serve immediately.