

# Stepping Up to Gaming

## Parent and Adolescent Therapeutic Group

### Is your family having issues with online gaming?

Stepping Up to Gaming is a therapeutic group for young people (11 to 17 years) and their parents/caregivers. It helps parents and their kids establish a balanced approach to online gaming.

Join us for four weekly sessions, with a light dinner provided.

**When:** Thursdays, 4, 11, 18 and 25 November 2021 | 5.30pm - 7.30pm

**Where:** Relationships Australia SA  
Level 5, Westfield Marion Shopping Centre,  
297 Diagonal Road, Oaklands Park

**Cost:** Free

To register your interest, please email [rasas@rasa.org.au](mailto:rasas@rasa.org.au)