

Group Parent Education Events Barwon South Western Region - Term 3, 2019

Calendar Collated by:
Regional Parenting Service



For more information ph: 5272 4741

To attend please register your expression of interest:
geelongaustralia.com.au/regionalparentingservice

Geelong Region

Programs being
Conducted By



Positive Parenting Program

There is no one right way to be a parent, but the PPP program offers information, support and practical answers to everyday parenting concerns, for Parents of children aged 2-8 years. Groups run for 4 weeks, followed by up to two weekly telephone sessions.

Commencing: Monday 29 July
Time: 7.00pm - 9.00pm
Location: Ariston House
245-249 Pakington St,
Newtown
Cost: Free

Booking Essential
Web: geelongaustralia.com.au/regionalparentingservice

Tuning In To Teens

A 6 week program that provides parents with a greater understanding of their teen's emotional experiences while teaching specific skills that can assist in being supportive, empathic and staying connected with the young person.

Commencing: Tuesday 23 July
Time: 7.00pm - 9.00pm
Location: Ariston House
245-249 Pakington St,
Newtown
Cost: Free

Booking Essential
Web: geelongaustralia.com.au/regionalparentingservice

Tuning In To Kids Together

An 8 week parenting program for people parenting together. This program will help parents teach and support their child to understand and express emotions in appropriate ways. This will maximise a child's social, behavioural and learning outcomes.

Commencing Thursday 25 July
Time: 7.00pm - 9.00pm
Location: Ariston House
245-249 Pakington St,
Newtown
Cost: Free

Booking Essential
Contact: Christina Ambrosi
christina.ambrosi@mymail.unisa.edu.au

Tuning In To Kids

Tuning into Kids is a 6 week parenting program for parents of children aged 4 to 8 yrs. This program will help parents teach and support their children to understand and express emotions in appropriate ways. This will maximise children's social, behavioural and learning outcomes.

Commencing: Thursday 01 August
Time: 7.00pm - 9.00pm
Location: Ariston House
245-249 Pakington St,
Newtown

Cost: Free
Booking Essential
Web: geelongaustralia.com.au/regionalparentingservice

Bringing Up Great Kids

The Bringing Up Great Kids program is a six week program for parents of children aged 12 mth -08 yrs which aims to equip parents with the skills to enhance their patterns of communication with their children, promote more respectful interactions and encourage the development of children's positive self-identity.

Commencing: Thursday 25 July
Time: 7.00pm - 9.00pm
Location: Boorai Child & Family
Centre
4-50 Shell Road
Ocean Grove

Booking Essential
Web: geelongaustralia.com.au/regionalparentingservice

Programs being Conducted By



Our Kids Key Steps to Parenting after Separation

A 6 week program for separated/divorced parents who have a history of ongoing conflict. The focus is to enable parents to explore ways to develop a "co-parenting and business like relationship" with other parents or simply to strengthen their relationship with their child/ren. Ideal for parents who wish to develop Communication strategies that can result in child focused decision making around parenting plans and enable your child/ren to feel secure despite the challenges that go with separation and or divorce.

Commencing: Tuesday 30 July
Time: 6.00pm - 8.00pm
Location: Family Relationship
Centre
27-41 Myers St,
Geelong

Commencing: Thursday 25 July
Time: 10.00am - 12.00pm
Location: Family Relationship
Centre
27-41 Myers St,
Geelong

Telephone: 5246 5600
Cost: \$150

Seasons for Growth Parent

Seasons for Growth provides an opportunity for you to reflect on the experience of separation or divorce from your child/ren's perspective, and to explore ideas and strategies that might help you support your child/ren through the changes happening in your family.

Dates: Tuesday 03 September
& 10 September
Time: 6.00pm - 8.00pm
Location: Family Relationship
Centre
27-41 Myers St, Geelong
Telephone: 5246 5600

Programs being Conducted By



Bumps2Bubs

The Bumps2Bubs Group Program brings young parents-to-be and parents (up to 23 years) with babies 0-1 year together to support the journey of parenting. It is through play that babies and children learn and develop. Come and join us for fun, learning and friendship.

Day: Monday 15 July
Time: 1.30pm - 3.00pm
Location: Northern Bay Family
Centre
25 Goldsworthy Rd,
Corio

Who for: Parents up to 23yo with
babies 0-1 year
Contact: BCYF, Louise Pettifer
Telephone: 5222 6911
Cost: Free

Bubs To Tots

This Program brings parents together to provide support and education to enhance a child's development in the 1-2 year age group. The program will assist parents with ideas to manage the toddler years and enjoy this stage of early development

Day: Tuesday 16 July
Time: 10.00am - 12.00pm
Location: Northern Bay Family
Centre
25 Goldsworthy Rd,
Corio

Contact: BCYF, Louise Pettifer
Telephone: 5222 6911
Cost: Free

Bringing Up Great Kids

The Bringing Up Great Kids program is a 6 week program for parents of children aged 12mth - 10 yrs which aims to equip parents with the skills to enhance their patterns of communication with their children, promote more respectful interactions and encourage the development of children's positive self-identity. Groups run for six weeks, followed by booster sessions.

Commencing: Wednesday 31 July
Time: 10.00am – 12.00pm
Location: BCYF
222 Malop St
Geelong 3220
Contact: BCYF, Louise Pettifer
Telephone: 5222 6911
Cost: Free

Tuning In To Kids

Tuning into Kids is a 6 session parenting program for parents of children aged 4 to 8yrs. This program will help parents teach and support their children to understand and express emotions in appropriate ways. This will maximise a child's social, behavioural and learning outcomes.

Commencing: Tuesday 06 August
Time: 10.00am - 12.00pm
Location: Northern Bay Family Centre
25 Goldsworthy Rd,
Corio
Contact: BCYF, Louise Pettifer
Telephone: 5222 6911
Cost: Free

Tuning In To Teens

A **6-week** program that provides parents with a greater understanding of their teen's emotional experiences while teaching specific skills that can assist in being supportive, empathic and staying connected with the young person.

Commencing: Wednesday 07 August
Time: 4.45pm – 6.45pm
Location: Geelong High School
385 Ryrie Street
East Geelong

Commencing: Thursday 08 August
Time: 1.00pm – 3.00pm
Location: Northern Bay College
25 Goldsworthy Rd,
Corio

Contact: BCYF, Louise Pettifer
Telephone: 522 26911
Cost: Free

Strengthening Family Connections

Strengthening Family Connections is an 8 week program to support connections and the relationship between a parent and a child 8-12 year old. The program consists of a parent education group, child education group, family connection group and group meal. School based program. Self or professional referral.

Day: Tuesday 23 July
Time: 2.00pm – 5.00pm
Location: Geelong East Primary School
184 Boundary Road
Geelong East

Day: Wednesdays 24 July
Time: 2.00pm – 5.00pm
Location: Herne Hill Primary School
2-24 Gwynne Street
Herne Hill

Day: Thursday 25 July
Time: 2.10pm – 5.10pm
Location: Northern Bay College
Hendy Campus
38 Hendy St
Corio

Contact: BCYF, Louise Pettifer
Telephone: 5222 6911
Cost: Free

Programs being conducted by



Circle of Security

The *Circle of Security Parenting* series is an 8 week program for parents of pre-school aged children wanting to learn about the experiences of their child and how the parent and child relationship can be strengthened.

Dates: Tuesday 23 July – 10 September
Time: 6.00pm – 8.00pm
Location: Hamilton

123 Magic & Emotion Coaching
A 3 week program to assist parents with children aged 4-8 yrs, with strategies to help them manage and model emotion regulation.

Dates: Thursday 01 - 15 August
Time: 9.30am – 11.30am
Location: Warrnambool

For all above programs:

Contact: Marea Sholly
Centacare
Telephone: 5559 3000
E: marea.sholly@centacarewarrnambool.org.au

Programs being conducted by



Great Dads, Great Kids

An eight week parenting program especially for dads who want to build supportive, respectful and loving relationships with their kids.

- Changing role of fathers and differing styles of fathering
- Child development and basic child care
- Being a responsive dad
- Guidance and discipline
- Building healthy self-esteem
- Family relationships
- Connecting through play
- Looking after myself

For Dads of children up to or about 12 years of age. Groups not suitable for children

Commencing: Wednesday 24 July
Time: 5.30pm – 7.30pm
Location: Bethany Support
16 Ballarat Road
Hamlyn Heights
Commencing: Tuesday 15 October
Time: 10.00am – 12noon
Location: Bethany Support
16 Ballarat Road
Hamlyn Heights

Booking Essential
Telephone: 5278 8122
Web: bethay.org.au

South Western Region



Bringing Up Great Kids

The Bringing Up Great Kids program is a one day program for parents of children aged 12mth -10 yrs which aims to equip parents with the skills to enhance their patterns of communication with their children, promote more respectful interactions and encourage the development of children's positive self-identity.

Commencing: Wednesday 04 September
Time: 9.30am – 3.30pm
Location: Portland Child & Family Centre
94 Julia Street
Portland

Booking Essential
Email: childrenservicesenquiry@glenelg.vic.gov.au
Phone: 5255 5511

The Parent Education Calendar has been collated by the Regional Parenting Service with the aim of providing information on the mainstream parent education groups that are happening across the Barwon South West Region. If you have any questions regarding these programs or parenting activities, or want to be added or removed from the mailing list please email rps@geelongcity.vic.gov.au or contact Regional Parenting Service on (03) 5272 4741. Outside Geelong Freecall 1800 111 078