



RESILIENCE THROUGH TRANSITIONS

PARENTS BUILDING SOLUTIONS

Presented by Parentzone in collaboration with PRONIA

CHANGE CAN BE DIFFICULT AND SCARY!!

- Is your child starting Prep or moving to a new school?
- Do you, or your child, or both, feel nervous about the transition?
- Would you like to explore strategies to build your child's resilience and age-appropriate independence as they transition?
- Would you like to support your child's transition by helping them to establish and maintain good routines?

If your answer to any of these questions is "YES!", come and join the discussion with other parents.

DATE: Wednesday, 26th October

TIME: 12.15 p.m. - 1.30 p.m.

WHERE: Online (Zoom)
Link will be sent on the day

COST: FREE!

For more information, contact

Carey Cole - 0437 428 281
carey.cole@anglicarevic.org.au, OR

Register using the QR code, or this link:
<https://forms.office.com/r/tFUddeVLT>

Registrations close:
5.00 p.m., Tuesday, 25th October



PARENTZONE

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