

# 2025 Kindergarten Information

St Francis Xavier's School, Narrabri





# 2025 Important Information

- School commences for Year 1-6 students on Monday 10th February 2024 (staff will return on Thursday 6th February). Kindergarten students will start on Wednesday 12th February 2025.
- Some other schools in Narrabri may have different start dates for Kinder.
- Kindergarten children will be allocated a time to sit the Best Start Assessment on either Monday 10th or Tuesday 11th February. All students in NSW complete this assessment and parents will receive a report afterwards. There is nothing you need to do in preparation for the assessment.



# 2025 Important Information

- 2025 staffing hasn't yet been finalised, but communication will come out later this term regarding who the 2025 Kindergarten teachers will be.
- We will be having a New Class Session towards the end of this term. All 2025 Kindergarten students will be invited to this session so they can meet their teachers for next year.



# First Day of 'Big' School

- School bag packed with;
  - Fruit, pre-cut where necessary, in a separate container for easy access at Crunch 'n' Sip time
  - Lunchbox packed with recess and lunch
  - Water Bottle
  - School Hat, labelled with your child's name
- Normal school uniform (sports uniform on Wednesdays and Fridays)
- No books or pencil cases are necessary in Kindergarten
- It's a good idea for your child to pack a small packet of tissues and hand sanitizer
- No toys or sports equipment needed unless for News Day



# Preparing for Kindergarten

## Routines and Habits

- Ensure your child recognises their own name (being able to write their name is also great before school starts, but not essential)
- Practice school readiness habits such as packing and zipping up school bags, packing up lunch boxes and washing hands thoroughly with soap and water
- Practice tying shoelaces - or invest in shoes that do not need to be tied!

# Preparing for Kindergarten

## Routines and Habits

- Provide opportunities for manageable independence. This might include:
  - Getting their own drink of water
  - Make a simple snack for themselves
  - Open and close lunch boxes and containers
  - Picking up after themselves (toys, pencils, etc)
  - Walking to and from places when safe
  - Following two-step instructions
  - Carrying their own bag
  - Opening food packets



# Preparing for Kindergarten

## Fine Motor Skills

- Use a peg to help strengthen pencil grip (Birdy Beak)
- Squishy or bouncy balls squeezed in the hands to strengthen grip
- Practice tracing their name
- Bead threading
- Pick up small objects with tweezers

# Preparing for Kindergarten

## Gross Motor Skills

- Jumping with two feet together e.g. kangaroo bounds
- Hop
- Walking forwards and backwards
- Frog jumps
- Crab walks
- Wall push-ups
- Planks
- Throwing and catching a ball





# Preparing for Kindergarten

## Medical Professionals

- Vision assessment (ask about bulk billing option)
- Hearing assessment (ask about bulk billing option)
- Speech Therapy assessment (if notified by the school or doctor)
- Occupational Therapy assessment (if notified by the school or doctor)



# Important things to remember!

- School life is a marathon, not a sprint.
- Transition to Kindergarten can be very challenging - physically and mentally for both your child and for yourself.
- Never compare your child to another child - even their siblings!
- We are only ever a phone call or email away if you are worried about anything.



# Contacting us

School Phone Number - (02) 67921796

School Email - [naradmin@arm.catholic.edu.au](mailto:naradmin@arm.catholic.edu.au)



Most importantly, we are here for one reason only...

The holistic education of your child.



# Important Dates

2025 Kindergarten



Towards the end of Term 4:

2025 class teachers announced  
and New Class session confirmed

Monday 10th or Tuesday 11th  
February, 2025:

Best Start Assessment Sessions

Wednesday 12th February, 2025:  
First Day for Kindergarten students

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