

Duke of Edinburgh 2019



**Mrs Jo Wood & Mrs Maree Clark
Award Coordinators**

What is the Duke of Edinburgh award?

An award recognised world-wide

Bronze, Silver and Gold levels

Only Bronze level offered at Kilbreda



The Duke of Edinburgh's Award
Realise your ambitions. Change your world.

AWARD REQUIREMENTS

- **SKILL**
- **PHYSICAL RECREATION**
- **SERVICE**
- **ADVENTUROUS JOURNEY**

Skill

- This section should stimulate new interests or improve existing ones.
- Typically non-physically demanding, maybe a hobby or life skill
- Examples
 - Arts e.g. painting
 - Communications e.g. computing IT
 - Crafts e.g. cooking
 - Music e.g. playing an instrument
 - Nature e.g. gardening



Physical Recreation

- This can involve becoming a part of a sporting team or undertake a physical activity as an individual or as part of a group
- You should choose a physical activity that interests you. This can be something completely new or an activity that you already have knowledge or involvement
- Examples
 - Martial arts
 - Swimming
 - Skateboarding
 - Dancing
 - Netball



Service

- This section is based on the belief that members of the community should care for each other and contribute to their community
- Many award participants reflect that it was the voluntary service that gave them the most satisfaction
- Examples
 - Care for animals
 - First aid / surf life saving
 - Aged care
 - Coaching junior teams



Adventurous journey

- The bronze award involves an expedition that includes hiking and camping.
- Practice Hike – Term 1 Week 7 March 12 – 13 or 14 - 15
- Expedition – End of Term 4 (2 nights)
- What is provided?
 - tents
 - cooking equipment
 - backpacks
 - jamparas



Requirements

- 13 hours over a minimum of 13 weeks for 2 sections
- 26 hours over 26 weeks for 1 section
- An assessor is anyone with relevant experience in your chosen field (**not a parent**).
- Both the practise and test adventurous journeys are conducted and assessed by the school.

Prior to attending Adventurous Journey in Term 4

1. Attended ALL information/preparation sessions including:

Lunchtime – Wed 20th Feb, Fri 22nd Feb & Tues 26th Feb

Tues 12/3 - Wed 13/3 or Thurs 14/3 – Fri 15/3 Practice Hike

Tuesday 26th March 3.20 – 4.30 (Kildare Centre)

Tuesday 12th November 3.15 – 7.00pm (Kilbreda)

Qualifying journey preparation sessions (TBC)

2. Completed and logged online 80% of the hours required for the Service, Skill and Physical Recreation sections.

3. Demonstrated a satisfactory level of cardiovascular fitness

4. Satisfactorily completed the Practice Journey in Term 1 (1 night)

