

# AUSSIE HOOPS COMMUNITY NEWS



## WELCOME

Hello and welcome to the first edition of the Aussie Hoops Community News. This is a monthly newsletter for Aussie Hoopers and their families to keep up to date with the latest in Aussie Hoops and basketball news.

Each month we will showcase an Aussie Hooper, see what our home grown stars are getting up to, try a new drill/game from one of our community coaches plus more.

Enjoy, stay safe, stay well and stay connected.

## COACHES CHOICE

This months coaches choice comes from the Eltham Wildcats Basketball Club.

Please visit the link below to check out Jakk and Jhye and their Two Ball Dribbling Drill.

[https://www.youtube.com/channel/UCKaxdnYObk8i7o6ZIm2n\\_aAview\\_as=subscriber](https://www.youtube.com/channel/UCKaxdnYObk8i7o6ZIm2n_aAview_as=subscriber)

Try this one at home.



## SPOTLIGHT ON YOU



I want to hear from you, the children who participate in the wonderful Aussie Hoops program in your local area. I want to know why you participate in the program and to share your stories.

For your chance to be featured in the next addition of the newsletter, please complete the form on the below weblink and send through a picture of yourself. Each month an Aussie Hooper will be selected at random to be featured.

Get in quick and you could be seeing your name in spotlight next month.

<https://www.cognitoforms.com/BasketballVictoria4/AussieHooperInTheSpotlight>

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## ALL ACCESS PASS - JOSH GIDDEY

**Nickname:** Giddey/Gid

**Position:** Point Guard

**Club:** Melbourne Tigers Jnr/ Adelaide 36ers

**When did you start playing basketball?:**

I started playing basketball for my primary school (Wembley) when I was 5 years old and started playing rep basketball for Melbourne Tigers (VJBL) when I was 9 years old.

**What do you enjoy about playing basketball?:** I enjoy the people you get to meet and the places you get to travel playing basketball.

**Favourite basketball memory:** My favourite basketball memory would be winning the U18 National Championships and making my Australian Boomers debut.

**What is your basketball dream/goal?:** My basketball goal is to make it to the NBA and win a gold medal for Australia at an Olympic Games. I also want to inspire younger kids and be a role model.

**Advise for the Aussie Hooper's:** Advice for young Hoopers would be to not get down on yourself if you don't make a rep team or a state team. Everyone's path is different and always keep working because you never know who is watching you. As cliché as it is you are always being evaluated.

**What is a typical day like at the National Championships?**

9:00am - Wake up

- Go for a team walk/stretch
- Have breakfast
- Shoot around/walk throughs
- Come back and have lunch and relax

4.45pm - Team meeting where you go over the scout and any game notes

5.30pm - Leave for stadium

6.00pm - Start stretching/rolling/taping

6.30pm - On court warm up

7.00pm - Game time!



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## AT HOME ACTIVITY

Connect the dots to complete the picture of the Aussie Hoops Ambassador!

