


Is your young child experiencing worry, anxiety or fear?

Then register for...

The Brave Program

for parents and caregivers of young children

A FREE online program that provides parents and caregivers of young children aged **3 to 7** with information and skills to help their child overcome fears and anxiety.

 <https://brave4you.psy.uq.edu.au>

 <fb.me/braveparents>

To keep this program free for all Australian families, anonymous data is collected at registration and during the program use, to help us track the success of the program. Some of this data may be used for research purposes.



The
Brave
Program.



Four **FREE**
online self-help
sessions