

INTERHOUSE ATHLETICS CARNIVAL

TIME	7	8	9	10	11	12
8.30-9.10am	OPENING CEREMONY					
9.10am	80m Hurdles	HIGH JUMP	SHOT PUT	800m	LONG JUMP	NOVELTY
9.20am		80m/90m Hurdles			800m	
9.30am			90m/100m Hurdles			800m
9.40am	800m					
9.50am		800m	NOVELTY	90m/100m Hurdles		
10.00am	SHOT PUT		800m	HIGH JUMP	100m Hurdles	LONG JUMP
10.10am						100m Hurdles
10.20am						
10.30am	200m					
10.40am	NOVELTY	200m				
10.50am	HIGH JUMP	LONG JUMP	200m		SHOT PUT	
11.00am				200m		
11.10am					200m	
11.20am				NOVELTY		200m
11.30am	100m	SHOT PUT			HIGH JUMP	
11.40am	LONG JUMP	100m				
11.50am			100m			
12.00pm		NOVELTY		100m		
12.10pm			HIGH JUMP	LONG JUMP	100m	SHOT PUT
12.20pm						100m
12.30pm	400m					
12.40pm		400m			NOVELTY	
12.50pm			400m	SHOT PUT		
1.00pm				400m		
1.10pm			LONG JUMP		400m	HIGH JUMP
1.20pm						400m
1.30pm	MARSHAL AND BRIEFING FOR 4 x 100m RELAYS					
1.45pm	4 x 100m					
1.50pm		4 x 100m				
1.55pm			4 x 100m			
2.05pm				4 x 100m		
2.10pm					4 x 100m	
2.15pm						4 x 100m
2.35 – 3.00pm	PRESENTATIONS					

- Students nominated for field events and track events running at the same time are to:

1. Notify staff on the field event about the clash;
2. Attend and compete in track event;
3. Return to complete the field event.

Good luck to all and enjoy the day!