

## Centacare

## Keeping Families Safe: Picking up the pieces after domestic violence

This course is for families experiencing separation

## This FREE workshop is for separated Parents and Carers to explore:

How children experience domestic violence
What children might learn from this experience
How parents can help children heal
Strategies to support children's on-going wellbeing
Nurturing strategies

**Time:** 9:30am – 11:30am

**Dates:** Tuesday 03 November 2020

Venue: Centacare Level 2

45 Wakefield Street,

Adelaide 5000

Please note childcare facilities are not available and children cannot be present at this course

Bookings essential. Please contact Centacare on 8215 6700 or email your details to: registrations@centacare.org.au

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