

FREE

Tuning in to Kids

Tuning into Kids - 6 sessions

A six session parenting program for parents of children aged 2 –12 years old

Would you like to learn how to:

- be better at talking with and understanding your child?
- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?



Armidale

May - June 2022

6 Tuesdays - May 3, 10, 17, 24, 31 & June 7

10am to 12.30pm



Children with higher emotional intelligence: have greater success with making and keeping friends, have better concentration at

school, are more able to calm down when upset or angry, tend to have fewer childhood illnesses.

Emotional intelligence may be a better predictor of academic and career success than IQ!

Places are limited: **Register by ringing**

1800 372 826

or for more information ring the Facilitator, Pedro on

6738 7200



FAMILY

RELATIONSHIP CENTRE

HELPING FAMILIES BUILD BETTER RELATIONSHIPS



An Australian Government Initiative



Centacare

New England North West

Rural Resilience

THE SOCIAL SERVICES AGENCY OF THE CATHOLIC DIOCESE OF ARMIDALE