

COBURG HIGH SCHOOL



BASKETBALL ACADEMY

Mike Torres Director



Coburg Giants- Director of Coaching
2016-Present

Basketball Victoria- State Development Program
2017-Present

Basketball Victoria- Development Coach (U16 Metro Boy)
2019-2021

United States Navy- 2008-2012

Miami Dade College- NJCAA D1 2006-2008

Achievements

VJBL Premierships 2016, 2017, 2019

Basketball Victoria U15 Spain Tour 2019

Oliver Reid
Head Coach



12+ Years Coaching Basketball
Held Player Development roles in USA, Australia & England
Worked in High Performance for professional Soccer & Rugby Programs
2 x Big V Championship as a Coach
3 x State Titles as a Player
Bach. Business & Sports Management, Swinburne University
Australian Institute of Fitness; Certified Strength & Fitness Trainer
Australian Strength Coaches Association Level 2

Previous Basketball Clubs & Programs:

Diamond Valley Eagles
Coburg Giants
Ivanhoe Knights
Southampton Blazers (England)
Louisiana State University Eunice LSU-E (USA)

Non Basketball Positions:

Melbourne Victory Women Soccer

Hampshire Cricket - Performance Coach (England)
Eastleigh RUFC - Strength Coach (England)

Michael Fortune
Head Coach



2008 West Virginia State Basketball Champion

2009 Fork Union Military Academy Basketball

2010-2015 King University NCAA D2

2016 Bulleen Boomers

2017 Auckland (NZ) Supercity Rangers

2018-2020 Coburg Giants

PROGRAM OBJECTIVES

- USING SPORT TO INSPIRE & MOTIVATE STUDENTS TO ACHIEVE EVEN MORE IN THE CLASSROOM
- SCHOOL PRIDE & COMMUNITY AWARENESS OF COBURG HIGH SCHOOL
- BECOME THE LEADING SPORTS ACADEMY IN THE NORTHERN SUBURBS OF MELBOURNE
- SUCCESSFULLY SEND STUDENTS TO UNIVERSITY AUSTRALIA AND ABROAD (USA)
- ATTEND NATIONAL SCHOOLS TITLES



JUNIOR PROGRAM YEARS 7-9

- THE FIRST 3 YEARS OF THE PROGRAM, THE AIM IS TO BUILD THE INDIVIDUAL SKILL BASE OF THE ATHLETES AND INTRODUCE THEM TO THE REQUIREMENTS & EXPECTATIONS OF THE ACADEMY.
- INDIVIDUAL AND GAME-BASED TRAINING PROGRAM
- ENTRANCE INTO PROGRAM IS ACCEPTED VIA APPLICATION ONLY. (ZONE STUDENTS)
- TRAIN TWICE A WEEK IN FEMALE & MALE GROUPS
- ENTERED IN ALL SSV COMPETITIONS





INTERMEDIATE PROGRAM YEAR 10-11

STUDENT-ATHLETES AT THIS LEVEL WILL HAVE GREAT SCRUTINY ON CLASSROOM & ON-COURT SUCCESS, WITH FORTNIGHTLY GROUP MEETINGS TO HELP WITH STUDENT-ATHLETES OFF COURT SUCCESS. STRENGTH & CONDITIONING IS ALSO STARTED AT THIS LEVEL AROUND INJURY PREVENTION AND A FOCUS ON FITNESS FOR LIFE.

AT THIS STAGE WE START TO MEET WITH POTENTIAL STUDENT-ATHLETES AROUND USA COLLEGE OPPORTUNITIES AND ADVISE THEM ON STUDIES TO UNDERTAKE. THIS IS ALL DONE IN CONJUNCTION WITH PARENTS AND TEACHERS.

- EOI AND INTERVIEWS WITH PARENTS & PLAYERS
- STRENGTH & CONDITIONING TWICE PER WEEK
- INDIVIDUAL AND GAME-BASED TRAINING PROGRAM TWICE A WEEK
- TEAM TRAINING SESSION TWICE PER WEEK
- ENTERED IN ALL SSV COMPETITIONS
- ENTERED IN NATIONAL SCHOOLS CHAMPIONSHIPS
- OPTIONAL USA BASKETBALL TOUR



FIRST TEAM PROGRAM

STUDENTS-ATHLETES AT THIS LEVEL HAVE A HIGH EXPECTATION OF LEADING THE CULTURE OF THE PROGRAM, WITH AN INCREASED WORKLOAD ON & OFF THE COURT.

- EOI & INTERVIEW TO BE CONSIDERED FOR PROGRAM AT THIS LEVEL
- TEAMS FOR SSV/ NATIONALS IS MERIT/ACADEMICALLY SELECTED
- STRENGTH & CONDITIONING TRAINING FOCUSED ON PERFORMANCE
- USA TOUR OPPORTUNITIES (TRAVEL RESTRICTIONS PERMITTING)
- INDIVIDUAL SKILLS TRAINING TWICE PER WEEK
- TEAM TRAINING ONCE PER WEEK
- TUTORING SESSION AVAILABLE FOR STUDENT-ATHLETES AFTER SCHOOL FOR 1 HOUR.
- FORTNIGHTLY TEAM MEETINGS WITH GUEST SPEAKERS, SUBJECTS TO INCLUDE TIME MANAGEMENT, HEALTH, STUDY MANAGEMENT, LEADERSHIP.



EXPECTATIONS OF PARTICIPATING STUDENT ATHLETES

STUDENT-ATHLETES IN THE PROGRAM WILL BE HELD TO HIGHER STANDARD THAN THE GENERAL STUDENT POPULATION. THE BASKETBALL ACADEMY IS A PRIVILEGE NOT A GIVEN TO ALL STUDENTS.

- FULL ATTENDANCE IN CLASSROOM
- POSITIVE & SUPPORTIVE BEHAVIOR IN CLASSES
- FULL ATTENDANCE IN BASKETBALL PROGRAM ACTIVITIES
- GRADE AVERAGE REQUIREMENT (B)

FAILURE TO MEET THESE EXPECTATIONS, COULD RESULT IN THE STUDENT-ATHLETES NONE SELECTION TO ATTEND COMPETITIONS OR EVENTS.



PROJECTED ANNUAL FEES FOR THE ACADEMY (IN 2021)

- JUNIOR (Y7-9) \$450
- INTERMEDIATE (Y10-11) \$550
- FIRST TEAM \$700
- FEES INCLUDE, TRAINING UNIFORM, GAME UNIFORMS & COMPETITION ENTRY
- (PRICES DO NOT INCLUDE U.S TRIP)

