



**FREE**

# Transition from primary to secondary

## A free webinar for parents and carers

Tuesday November 19

7 - 8.30pm

Online via Zoom

Transitioning from primary to secondary school may be a significant change for students. Although most students (and parents) will have a sense of optimism, some may feel a sense of anxiety; and it's a journey of change that can be made positive- with preparation, planning and support.

Rod Dungan, Director of Thriving Youth Australia will cover:

- **The basic information** – routines, public transport and homework
- **The “tricky” stuff** – friends, bullying and anxiety
- **The important information** – workload, getting help and working with your child’s personal and learning strengths
- **The complex information** – managing technology, school refusal, supporting your young person’s mental health and flourishing in school

Don't miss out, register today:

Visit: <https://bit.ly/4dYNLNR> or via QR code

Email: [youth@knox.vic.gov.au](mailto:youth@knox.vic.gov.au)

Call: 9298 8000



This program is supported by the Victorian Government  
ENGAGE! Program and Knox City Council Youth Services