



Infant Massage

Easy strokes and movements that caregivers can use to play, explore, and support baby's wellbeing and flourishing. Massage can help to build a conversation with baby around what secure touch feels like.

Wednesdays, 21 October – 18 November 2020

10.30am - 12.00pm

Hackham Community Centre, 72 Collins Parade, Hackham

For parents and caregivers of babies under 12 months and/or not yet walking.

Free of cost. Tea, coffee and snacks are provided.

To book, please contact the Hackham Community Centre on (08) 8392 3080

