4 DAYS 515 HOLQUA CAMP NFORMATION

17th - 20th October, 2023

Mrs Rixon, Mr Smith & Mrs Gleeson (coordinator)

More information about camp policies and safety please see link below. <u>https://camphowqua.com.au</u> Location: 127 Howqua River Rd, HOWQUA VIC 3723

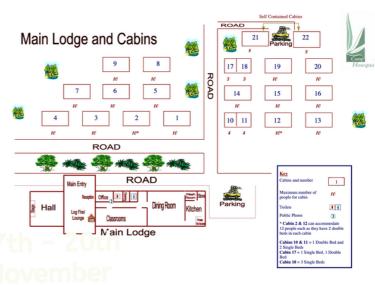


Camp Howqua covers in excess of 64 hectares of picturesque countryside situated on the beautiful Howqua River.

It is located in the Victorian High Country, only 45 minutes drive from the top of Mt Buller and an easy 2.5 hour drive from central Melbourne, via Mansfield.









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PARENT INFO

During Term 3 the Grade 5/6 students will have the opportunity to attend Howqua School Camp in Howqua.

The camp will be held from TUESDAY 17th - FRIDAY 20th October, 2023.

Students will travel to the camp by chartered bus - students will need to be at school by **8:15am to depart at 8:30am.** Travel home from camp will be by chartered bus. **Return to school approx 4:15pm**

We do ask that you consent online (COMPASS) for your child's attendance as well as returning a 'paper copy' of the Medical forms **by 6/10/2023.** *Please send all information regarding camp to the office.*

You will find all the information that you need in this camp booklet/pack which includes:

- $\cdot\,$ A map with the camp address and contact details
- \cdot A list of what students will need to bring
- \cdot An itinerary of our program
- \cdot Medical Forms (to be returned to school) one form per medication
- · Asthma Update Form
- · Consent to administer medication (if required, it must be a prescribed medication,

labelled with your Childs name and dosages). Please return this to school with the labelled medication **by 6/10/2023** so we can discuss your child's requirements).

The camp is a wonderful opportunity for your child to have valuable social interactions with their peers and experience a wide range of activities beyond the classroom setting. **Students are NOT to bring any electronics, iPads, phones, computers etc.**

Please don't hesitate to contact us if you have any questions or concerns.

PLEASE NOTE:

STUDENTS are required to **BRING THEIR OWN 'HEALTHY' LUNCH AND DRINK BOTTLE** ON THE **FIRST DAY** OF CAMP. All other meals are provided at the Camp. If your child has any food allergies or food concerns & dietary requirements, please make prior contact with your child's teacher or phone the school on 52661298.

If your child becomes unwell you will be expected to come and collect them due to the importance of safe staff / student ratios. Please do not send your child if they have any signs of cold and flu symptoms.

Regards, Erin, Jared and Kirsty (Grade 5/6 Teachers)

MORIAC PRIMARY SCHOOL

PROGRAM

	Tuesday		Thursday	
8:30am	Departure from Moriac Primary School	7.00 am	Wake Up	
12.00 pm	Arrive at Camp	7.45 am	Duty Group-Setting Tables	
	BYO Lunch for Day 1	8.00 am	Breakfast-Duty Group Clean Up Tables-(ready for the next meal)	
	Guidelines for a Successful Camp. (Camp Howqua Manager's briefing to Students/Staff)	9.00 am	ACTIVITY SESSION 6	
	Room Allocations/Settling In/Changing for Activity Time	11.30 am	Duty Group-Setting Tables	
1.00 pm	ACTIVITY SESSION 1	11.45 am	Lunch-Duty Group Clean Up Tables-(ready for the next meal)	
3.00 pm	Change Activities & Refill Waterbottles	12.45 pm	ACTIVITY SESSION 7	
3.15 pm	ACTIVITY SESSION 2	2.45 pm	Change Activities & Refill Waterbottles	
5.15 pm	Quiet Time/Getting Ready for Dinner	3.15 pm	ACTIVITY SESSION 8	
5.45 pm	Duty Group-Setting Tables	5.15 pm	Quiet Time/Getting Ready for Dinner	
6.00 pm	Dinner-Duty Group Clean Up Tables-(ready for the next meal)	5.45 pm	Duty Group-Setting Tables	
7.30 pm	Night Activity	6.00 pm	Dinner-Duty Group Clean Up Tables-(ready for the next meal)	
9.30 pm	Bedtime/Lights Out	7.30 pm	Night Activity	
	Wednesday	9.30 pm	Bedtime/Lights Out	
7.00 am	Wake Up		Friday	
7.45 am	Duty Group-Setting Tables	7.00 am	Wake up	
8.00 am	Breakfast-Duty Group Clean Up Tables-(ready for the next meal)	7.15 am	Clean Cabins/Remove Luggage (in front of Main Lodge ready for departure)	
9.00 am	ACTIVITY SESSION 3	7.45 am	Duty Group-Setting Tables	
11.30 am	Duty Group-Setting Tables	8.00 am	Breakfast-Duty Group Clean Up Tables-(ready for the next meal)	
11.45 am	Lunch-Duty Group Clean Up Tables-(ready for the next meal)		Clean Main Lodge Building Ready for Inspection	
12.45 pm	ACTIVITY SESSION 4	9.00 am	ACTIVITY SESSION 9	
2.45 pm	Change Activities & Refill Waterbottles	11.15 am	Lunch-Clean & Packup Tables & Chairs	
3.15 pm	ACTIVITY SESSION 5		Load Bus	
5.15 pm	Quiet Time/Getting Ready for Dinner	12.00 pm	Depart Camp Howqua for Moriac PS (back to school)	
5.45 pm	Duty Group-Setting Tables	4:15pm	Arrival back to Moriac Primary School	
6.00 pm	Dinner-Duty Group Clean Up Tables-(ready for the next meal)			
7.30 pm	Night Activity			
9.30 pm	Bedtime/Lights Out			

Moriac Primary School 17th - 20th October 2023

ACTIVITIES - Yr 5/6

***Students to take water bottle & wear appropriate clothing & shoes to all activities							
***Group sizes are 13/1	4						
Total Students - 41	Group 1 - (13)	Group 2 - (14)	Group 3 - (14)				
Tuesday							
SESSION 1 - 1.00 pm	Archery	High Ropes	Disc Golf				
SESSION 2 - 3.15 pm	Disc Golf	Archery	High Ropes				
Wednesday							
SESSION 3 - 9.00 am	Flying Fax	Low Ropes/Initiatives	Waterslide				
SESSION 4 - 12.45 pm	Waterslide	Flying Fox	Low Ropes/Initiatives				
SESSION 5 - 3.15 pm	Low Ropes/Initiatives	Waterslide	Flying Fox				
Thursday							
SESSION 6 - 9.00 am	Survivor	Horse Program	Unnatural Walk				
SESSION 7 - 12.45 pm	Unnatural Walk	Survivor	Horse Program				
SESSION 8 - 3.15 pm	Horse Program	Unnatural Walk	Survivor				
Friday							
SESSION 9 - 9.00 am	High Ropes	Disc Golf	Archery				
***All sessions are two	hours						
Activities run by Camp	Howqua	Activities run by Moriac PS					
Horse Program		Waterslide					
High Ropes		Unnatural Walk					
Survivor		Disc Golf					
Flying Fox		Low Ropes/Initiatives					
Archery							



Please make sure all items are labelled

- Shorts and t-shirts
- Socks and underwear
- Warm jacket or jumper
- Pyjamas
- Swimwear for slide
- Old clothes for survivor
- Sunscreen, hat and sunglasses
- Two pairs of sneakers one old pair for water
- Thongs for showers
- Toiletries (no aerosols)
- Towels bathroom and beach towel
- Pillow and sleeping bag
- Fitted Sheet
- Plastic bags for dirty or wet clothes
- Water bottle
- Torch (batteries if needed)

ACTIVITIES - if hiring activities you will require the following clothing..

Horse Program - long pants, closed in shoes & top.

High Ropes/ Flying Fox – longer shorts, closed in shoes & no crop tops.

Waterslide - Board shorts & rash shirt, thongs or crocs.

Survivor - closed in shoes and clothes that will get wet and muddy.

All other activities.. appropriate clothing and closed in footwear.

Bring clothing for all kinds of weather. Sun smart & Rain smart.

CABIN ROOMS

As we prepare for the upcoming camp at Camp Howqua, we wanted to provide you with some information about the room selection process. We understand that sending your child to camp is a significant step, and we want to ensure that both you and your child have a clear understanding of how the room selection was made.

The cabins at Camp Howqua each house 10-12 students (with the exception of one male room) so the options for room configerations are relatively low but the positive of this is there is a very high chance of students being with a number of students on their preference list.

Here's how the process works:

Roommate Preferences: Prior to the camp, we will ask your child for their preferences regarding roommates. This is a chance for them to let us know if they have friends they'd like to room with. While we cannot guarantee all requests will be accommodated, we do our best to consider these preferences.

Group Dynamics: We have tried to create well-balanced room groups. We consider factors such as age, interests, and personalities to ensure that each group has a mix of individuals who can contribute positively to the overall camp experience.

Staff Supervision: Please be assured that each room will have a dedicated MPS staff member responsible for the wellbeing and safety of the campers.

We understand that camp can be an exciting yet slightly nerve-wracking experience for both parents and campers. Please know that our priority is to create an environment where every child feels comfortable and safe. We understand that not knowing cabins prior can make some students feel worried or anxious, so cabin formations will be told to the students as the camp gets closer, once numbers are finalised and camp is almost upon us.

If you have any questions or concerns regarding room selection or any other aspect of the camp, don't hesitate to get in touch with us.

COMMUNICATION

Throughout the 4 days, you will be receiving communication regularly, via SMS and compass with updates of a safe arrival, activity updates and also of successful nights had etc.

Please make sure your compass notifications are switched on in your device if you don't want to miss any of these updates.

Here is how you can communicate with staff whilst on camp:

During school hours

During school hours, contact the office who will get in contact with camp staff on your behalf 03 5266 1298.

After school hours (4:00pm - 8:00pm)

Ms Maccora will be checking emails regularly and can make contact with camp, her contact details are: melissa.maccora@education.vic.gov.au

After hours (Main Lodge)

This is only to be used in emergencies.

Camp Howqua provides an after hours main lodge contact number: 03 57773542. Please note that this phone is not manned 24/7.