



Windermere[®]

*everyone is someone
in our community*

Parenting after Separation

A 4 week program to help parents to better understand the effects of separation on their children and learn useful strategies for helping children to adjust.



Aims:

- To further assist parents to minimise the risks to their child's wellbeing due to parental separation
- To discuss specific issues relevant to parenting and separation
- To help parents maximise a loving parent and child relationship
- To look at the effects of separation on the family

For:

Separating and separated parents

Note: Only one person from a separated couple can attend each group

Cost:*

Total cost \$45.00

*Includes parent information pack
(Discount applies for Healthcare card holders)

For more information on dates, times and locations or to book online visit windermere.org.au/pas or phone 1300 946 337 to speak to the Group Program Coordinator