

# Social Groups @ headspace Werribee



## Meet Up

**Ages:** 16-25 years old

**About:** Want to make new friends, hang out and do some fun activities? Join us for activities from board games to intense bowling games!

**Time:** Every Wednesday from 1pm-2.30pm

## ninjaART

**Ages:** 12-25 years old

**About:** This is a space for anyone who wants to express themselves creatively! Come along to paint, sculpt, colour, draw or create in any way whilst making new friends!

**Time:** Every Thursday from 4pm-5.30pm



## HELLO



## Keen on joining a group?

Our programs are all based at headspace Werribee.

To join a group or to find out more information, contact our Reception team on (03) 8001 2366, or via email

[info-headspacewerribee@orygen.org.au](mailto:info-headspacewerribee@orygen.org.au)