

Support for Parents

Having trouble with your young person?
Come in for a free and confidential chat.



Do you have questions
about parenting young
people?

Do you need family
support?

Are you looking for
strategies?

We can help you with things
like:

- Conflict in the home
- Overuse of technology
- Communicating more effectively
- Boundary setting
- Young people and Drugs / Alcohol

Where

headspace Knox.

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Contact

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