

# Clayfield College Boarding House Technology Policy

# As per the 2024 Boarding Handbook

Students in Years 7, 8 and 9 are not permitted to have their mobile phones with them at school. Day students hand their phones in at Student Services each morning upon their arrival at school and collect them at the end of the school day. Therefore, boarders in Years 7 to 9 leave their phones securely locked up at the Boarding House. Their phones will be given to them upon their return from school once they have finished afternoon tea, collected their laundry, changed out of their school uniform and showered.

Boarding students in Years 10 to 12 are permitted to take their mobile phones to school but they must be placed in their lockers. They must check in via the Orah app upon their arrival at school each morning. If a student does not continually do this, they will not be permitted to take their phone to school.

All technology, including mobile phones, laptops and Pads, is collected from all students each evening and locked in the relevant secure cupboards overnight. Students in Year 12 are permitted to have their laptops after collection time if they wish to continue studying.

Technology collection is in place to ensure students are getting the required amount of sleep. The research is there, phones and sleep do not mix. According to research:

- One in three teens say they are on their phones at night when their parents think they are asleep
- 10% of teens check their phone notifications more than 10 times a night
- 73% of teens get insufficient sleep to function in an optimal way

Sleep is crucial for the overall health and wellbeing of young people. A lack of sleep impacts mental health, including focus and learning, and physical health, including appetite, metabolism, and immune, hormonal and cardiovascular function.

\* Raising Tech-Healthy Humans – Daniel Sih

Distribution and collection of technology differs on the weekend as we do want our boarders to relax, watch a movie and catch up with family and friends.

Students who misuse technology outside of distribution and collection times and access non-permitted sites will receive a consequence of the confiscation of their phone for an allocated time as determined by the Head of Boarding.

The College's secure internet service blocks inappropriate sites, however, students can still access through their data if parental controls are not put in place on their technology. For your child's safety, please ensure you install appropriate parental controls on your child's phone and laptop.

Misuse of technology such as email, computer games, YouTube, social media and movie watching, is not permitted during Prep and will also receive a consequence of technology being removed for a period of time.

Mobile phones are <u>not</u> allowed to be used during meal times, Prep, chapel service or while walking along the street, including to and from school.

Parents will be notified by the Head of Boarding or Head of Year Boarding Supervisor if a mobile phone has been confiscated. Phones throughout the Boarding House are available for students to call their parents if this is the case.

The Boarding House refers to the schools' *Student Technology Guidelines and Agreement* which is summarised below. This documentation is signed upon enrolment and can be found in the Student Diary. It is also discussed in Year Level Meetings at school.

## **Student Technology Guidelines and Agreement**

Technology access is available to all students as part of the teaching and learning programs offered at Clayfield College.

#### Student Responsibilities

• Use the device as instructed by your teacher.

### Respect

- Use spaces and sites appropriate for your age.
- Do not download anything unless requested by the teacher.
- Do not message or email during school times unless with a teacher's permission.
- Students may not use their device for personal reasons during school hours.
- Students may not use Smart watches during school hours.

## Supervision and Monitoring

• Clayfield College can perform an audit report of a Clayfield College or BYOT device that includes internet history, App usage and communication.

#### Safety

- Understand the legal requirements to use social media sites (13 years and over) and seek parental permission before using.
- Do not capture or upload footage/images, that identifies you as a Clayfield College student. For example, do not post in any part of your school uniform.
- Do not capture or upload footage/images or information without the express permission of every person mentioned, captured or inferred.
- Represent yourself, peers and family appropriately when accessing the online space. Be cautious not to defame, insult or offend another person's character, as you will be held responsible for your online communication.

#### Support

• If technology is used to bully, harm or threaten other students and/or compromises your own wellbeing, that will be followed up at school, even if this occurs outside of school hours.

Please talk with your child about these very important guidelines and agreements.