Stepfamilies through your children's eyes Workshop

"Through the eyes of children: — being part of a stepfamily"







Stepfamilies - through your children's eyes

This 3 hour workshop focuses on the experience of living in a stepfamily through your children's eyes. It aims to assist parents in developing a greater understanding of what their children need and how they can best support them.

It is designed for couples or individuals at any stage of their stepfamily journey.

The workshop covers:

- · Stepfamily myths
- Stepfamilies through the eyes of children the good and the tricky bits
- Supporting children with adjusting to new family relationships
- Transitioning between homes
- Ways to support and strengthen your relationship with your child/ren
- Parenting approach
- Common difficulties for couples

To register, scan the QR code or visit www.catholiccarevic.org.au/workshops



Workshop dates and locations

2	Sep	Ballarat	In-person	10am - 1pm
11	l Sep	Geelong	In-person	9.30am - 12.30pm
17	7 Sep	Bendigo	In-person	9.30am - 12.30pm
18	3 Sep	Shepparton	In-person	12pm - 3pm
27	7 Nov	Geelong	In-person	9.30am - 12.30pm
4	Dec	Ballarat	In-person	12pm - 3pm
9	Dec	Bendigo	In-person	12pm - 3pm
10) Dec	Shepparton	In-person	12pm - 3pm



