

Bringing Up Great Kids

FREE PARENTING PROGRAM

Wetherill Park Early Learning Centre in partnership with Fairfield-Liverpool Supported Playgroups and Families Together invites mothers, fathers, carers and grandparents with children up to the age of 10 to this four week parenting program facilitated by

Dina Greenland – Families Together - Fairfield City Council

Debbie Nguyen – Fairfield-Liverpool Supported Playgroups - Fairfield City Council

The Bringing Up Great Kids program uses ideas of mindfulness and reflection to support parents to review and enhance their interaction and connection with their children.

Through the program parents of children aged up to 10 years will explore:

- * Their parenting style
- * Brain development in children and its influence on their thoughts, feelings and behaviour
- * Important messages that children communicate to their parents and how they do this
- * The importance of building self-esteem in children
- * Ways for carers/parents to take care of themselves and to find support when they need it

4 week Parenting Program - Please note you must attend all four sessions.

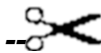
<p>Wednesday 14 November 2018 Wednesday 21 November 2018 Wednesday 28 November 2018 Wednesday 5 December 2018</p>	<p>6.00-8.30pm</p> <p>Wetherill Park Early Learning Centre 561-583 Polding St, Prairiewood <i>Opposite Stocklands Wetherill Park</i></p> <p>Registrations will not be accepted on the evenings.</p>
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Families Together is for mothers, fathers, grandparents and carers living in the Fairfield local government area. Children’s services workers, teachers, family support workers and other professionals will not be given a place.

Bookings are essential and places are limited.

Please fill in the slip below and give it to office staff or alternatively call Dina on 0407 708 626 to book your place.

Child minding is not available for this parenting program.



I will be attending the Bringing Up Great Kids parenting program at Wetherill Park Early Learning Centre on Wednesday 14, 21, 28 November and 5 December 2018 from 6.00-8.30pm.

Parent/Caregiver’s name:.....

Contact number:.....

This program is funded through the ClubGRANTS scheme and is jointly funded by Club Marconi and Triglav Mounties Group