

Supporting Children to Connect & Belong

*Trauma Foundations, Trauma Informed
Practise & Practical Self-Care*



This workshop will dive deeply into the most recent evidence and understanding of the developmental needs of children through the lens of neuroscience, neurobiology and psychology. It will take a look at how the brain develops, how it is wired for connection, and how our stories influence that development, and how best to support children in our environments.

Looking through this lens, it will explore and provide many practical strategies and tools for supporting children, including those who have experienced unsafe stories, within a playgroup or early childhood setting. It will also take the time to explore tools and strategies to support and manage your own self-care.

Location: Children's Centre Unit
at Hackham West R-7 School
50 Glynville Drive, Hackham West

Date: Wednesday 4 November

Time: 9.30am - 4.30pm

Cost: FREE

<https://bit.ly/36Nwl75>



1800 171 882
www.playgroupsa.com.au

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