

Thursday 23rd March.

Field event Rotations

	9:00	EVENT 1 9:20	EVENT 2 9:45	EVENT 3 10:10	EVENT 4 10:35	RECESS 11:00	EVENT 5 11:30	EVENT 6 11:55	EVENT 7 12:20	LUNCH 35 Mins	EVENT 8 1:20
<b>Sponge Race</b>	House assembly, do the chant, check that relay runners are present. Talk about being good sports. Try and be on oval by 9:15	9 Year Girls	12 year Boys	12 year Girls	11 year Boys		11 year Girls	10 year Boys	10 year Girls		9 year Boys
<b>100m</b>		9 year Boys	9 Year Girls	12 year Boys	12 year Girls		11 year Boys	11 year Girls	10 year Boys		10 year Girls
<b>Dress Up Relay</b>		10 year Girls	9 year Boys	9 Year Girls	12 year Boys		12 year Girls	11 year Boys	11 year Girls		10 year Boys
<b>Discuss</b>		10 year Boys	10 year Girls	9 year Boys	9 Year Girls		12 year Boys	12 year Girls	11 year Boys		11 year Girls
<b>Shot Put</b>		11 year Girls	10 year Boys	10 year Girls	9 year Boys		9 Year Girls	12 year Boys	12 year Girls		11 year Boys
<b>800m</b>		11 year Boys	11 year Girls	10 year Boys	10 year Girls		9 year Boys	9 Year Girls	12 year Boys		12 year Girls
<b>Long Jump</b>		12 year Girls	11 year Boys	11 year Girls	10 year Boys		10 year Girls	9 year Boys	9 Year Girls		12 year Boys
<b>Triple Jump</b>		12 year Boys	12 year Girls	11 year Boys	11 year Girls		10 year Boys	10 year Girls	9 year Boys		9 Year Girls

9:00 – 1:45pm

1:45 Grade 3-6 Assemble on the oval in house groups under gazebos

1:50 Sprint finals

2:10 4 X 100 Circular relays 10yrs, 11yrs & 12yrs

2:35 The Delacombe Gift – Staff race dress up and obstacle course race. 3 staff per House needed.

2:50 Presentations

of ..... Age Champions

Shield to the winning house

Ribbons to all competitors, according to House results

Day concluded by 3:10 pm

- Students come to school wearing their House Colours.
- All food must be in a named disposable bag. Snacks and lunch will be collected by class teachers and put in tub outside classrooms.
- Breaks are only long enough for eating, toilet and not a “play time”
- Students will rotate through 8 field events from 9:30am to 1:10pm
- Grade 3-6 sprint finals and relays will be on the oval after lunch.
- The day will conclude at 3:10pm.
- Delacombe Café will be open 8:00am – 2:00pm.
- Sports Day Lunch orders will be available – Keep an eye out in Newsletter/Compass
- NOTE – High Jump and 1500m have been removed from rotations due to time constraints. 1500m will be held on Thursday 16<sup>th</sup> March at 8:15am on gravel track. High Jump trial will be conducted in PE classes and lunchtime ‘jump offs’ to determine District Aths, Llanberris competitors.

**Hats.** All students must be wearing their hat, clearly named on the inside.

Students and parents are encouraged to bring water bottles and sunscreen is available in classrooms and marquees.