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BIKE/SCOOTER HELMETS A MESSAGE FROM YOUR LOCAL POLICE

This is a reminder that all users of bikes and scooters (including the motorised versions) MUST wear helmets unless exempt. We have had concerns raised by members of our community, and it is quite apparent that residents have become complacent regarding these laws.

Mandatory bicycle helmet laws were introduced in July 1990. This applies when riding:

- on roads and road-related areas
- on bike and shared paths
- in bike lanes
- in recreational parks
- in car parks
- on footpaths.

Police can stop bike and scooter riders and issue a fine or a warning for not wearing an approved bicycle helmet. The current fine for this offence is \$231.

Research indicates that bike helmets greatly reduce the risk of head injuries, which are the major cause of death and injury to bike riders.

- Bicycle helmets reduce the chances of a serious head injury by almost 70 %
- Two years after introducing bicycle helmet laws in 1990 a 23% reduction in head injuries in Victoria.

This is a significant safety issue, and we encourage you all to look after yourselves, family, and friends.

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