



Parent Coaching

Supporting your child's connection, communication and confidence

SLCN's Parent Coaching Programs empower families with practical, evidence-based strategies that enhance children's social, emotional, communication, behavioural, and everyday participation skills. Coaching focuses on building your confidence so you can support your child in the moments that matter most—at home, at school, and in the community.

Why Parent Coaching?

- Clear, practical strategies you can use during daily routines
- Stronger communication and connection with your child
- Reduced stress and more predictable, enjoyable family moments
- Support grounded in research and tailored to your child's unique needs



What Does Parent Coaching Involve?

- 1:1 or group coaching tailored to your child's goals
- Short-term or ongoing support online or in person at our clinic
- Modelling, guided practice, and personalised feedback
- Practical home-based strategies that fit naturally into your routines
- Resources, video examples, and follow-up support
- Collaborative, family-centred goal-setting

Who Is It Suitable For?


Parent coaching supports families of children:

- With communication, social, emotional, or behavioural needs
- Who are autistic, ADHD, and/or neurodivergent
- Who experience big emotions, anxiety, or dysregulation
- Who need help with daily routines, play, or community participation

It's also ideal for parents wanting clearer guidance, calmer days, and evidence-based tools—without overwhelming schedules. No diagnosis is required.

Book Parent Coaching

Help your child thrive in communication, confidence, peer interaction, or emotional regulation with SLCN's parent coaching.

 *Parent coaching available for a range of ages and developmental needs.*

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