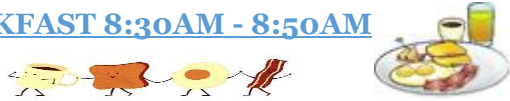


SHEPP HIGH CAFÉ MENU

The café is open for breakfast, recess & lunch. We have EFTPOS (minimum \$5 no cash out). For speedy service you can pre-order your lunch before school or at recess, bags are available at the lunch order table.

BREAKFAST 8:30AM - 8:50AM



Hash Brown (oven baked).....	\$1.00
Egg & Cheese Roll.....	\$3.50
Breaky Wrap (Egg, Bacon, Hash Brown & Cheese).....	\$3.00
Bacon & Egg Roll.....	\$3.50
Bacon, Egg & Cheese Roll.....	\$3.50
Ham & Cheese Toastie.....	\$2.50
Ham, Cheese & Tomato Toastie.....	\$3.00
Tomato & Cheese Toastie.....	\$2.50
Cheese Toastie.....	\$2.00

Salad Tubs – served with dressing & spork

Salad (Lettuce, tomato, carrot & onion).....	\$4.00
Ham & Salad.....	\$5.00
Roast Chicken & Salad.....	\$5.00
Chicken Strip & Salad (Sweet Chilli, Southern or Salt & Vinegar).....	\$5.50
Chicken Caesar Salad (Chicken, lettuce, parmesan cheese, bacon, egg, croutons & Caesar dressing).....	\$5.50
Dressings available- Balsamic, Caesar, Mayo, Sweet Chilli	
Extras- 0.50c extra Bacon, Beetroot, Pineapple, Egg (boiled & sliced)	



ROLLS & SANDWICHES- White round or long roll, white bread



Plain roll.....	\$1.00
Plain Cheese & Bacon Roll.....	\$2.50
Tomato & Cheese.....	\$2.50
Roast Chicken.....	\$3.50
Ham & Salad.....	\$4.50
Vegetemite Roll (with butter).....	\$2.00
Ham & Cheese.....	\$2.50
Salad (lettuce, tomato, beetroot, onion & carrot).....	\$3.00
Roast Chicken, Lettuce & Mayo.....	\$3.80
Roast Chicken & Salad.....	\$4.50
Pizza base.....	\$2.50
Egg & Lettuce.....	\$3.00
Cheese & Salad.....	\$3.50
Mixed Sandwiches – 3 point.....	\$4.50
Cheese/Bacon & Salad.....	\$4.50
Extra – Margarine.....	\$0.30
Extras.....	\$0.50

Hot Snacks – available recess only

Hash Browns.....	\$1.00
Chicken Strips – (Sweet Chicken, Southern Chicken, Salt & Vinegar).....	\$1.20



Wraps (Gluten Free Available – must order)






Standard Wraps available toasted, warmed or fresh.....	All \$6.00
Salad (Lettuce, cheese, tomato, carrot, onion & mayo)	
Chicken & Salad	
Egg & Salad	
Southern Chicken, Cheese, Lettuce & Mayo	
Chicken, Lettuce, Cheese & Mayo	
Sweet Chilli Chicken & Lettuce	
Gourmet Wraps.....	All \$6.00
Breaky Wrap (Egg, bacon, hash brown, cheese, tomato sauce)	
Fish & Salad Wrap	
Caesar Wrap (Lettuce, chicken, egg, bacon, croutons, parmesan cheese & Caesar dressing)	
Build your own wrap.....	from \$6.00
Meat- Chicken Strips – Sweet Chilli, Southern Chicken, Salt & Vinegar	
Fish	
Roast Chicken	
Ham	
Salad- Lettuce, Tomato, Cheese, Onion	
Sauce- Tomato, BBQ, Mayo, Sweet Chilli, Tzatziki, Tomato Salsa, Garlic Aioli, Caesar	
Extras- 0.50c extra Bacon, Beetroot, Pineapple, Egg (boiled and sliced)	



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Lunch – from the Hot Food Bar

Chicken Schnitzel & Gravy Roll.....	\$4.00	
Fillet of Fish (in a bread roll with lettuce & mayo).....	\$4.50	
Vol-au-vent (chicken, veggies & cheese).....	\$3.50	
Hot dog – plain.....	\$3.00	
Nachos (salsa, cheese, & sour cream).....	\$4.50	
Lamb Souvlaki (lamb, lettuce, tomato, Tzatziki sauce).....	\$5.00	
Sausage Roll (term 2 & 3 only).....	\$3.50	
Roast Chicken & Gravy Roll.....	\$3.50	
Pie (term 2 & 3 only).....	\$4.50	
Potato Wedges (sour cream & sweet chilli sauce).....	\$4.50	



Burgers

Standard Burgers – includes Lettuce, Tomato, Onion & Cheese- ALL \$5.00

- Beef Burger – Tomato Sauce
- Veggie Burger – Tomato Sauce
- Crumbed Chicken Burger – Mayo
- Flame Grilled Chicken Burger – Mayo



Build your own burger from \$5.00

- Meat:**
- Beef Burger
 - Crumbed Chicken Burger
 - Flame Grilled Chicken Burger
 - Veggie Burger
 - Fish



- Salad:** Lettuce, Tomato, Onion, Cheese
- Sauce:** Tomato, BBQ, Mayo, Sweet Chilli, Tzatziki, Tomato Sale, Caesar
- Extras:** Bacon, Pineapple, Beetroot, Egg- fried

Miscellaneous

Spoon/ Spork.....	\$0.10
Foam/ Plastic cup...	\$0.10
Dressing.....	\$0.30
Sauce.....	\$0.30

Hot Drinks (soy milk available)

Tea.....	\$2.50
Hot Chocolate....	\$3.50
Chai Latte.....	\$3.50
Chai Tea.....	\$3.50
Latte.....	\$3.50
Cappuccino.....	\$3.50
Mocha.....	\$3.50

Cold Drinks

Primas.....	\$1.50
Up & Go – assorted...	\$2.50
Big M – 600ml.....	\$3.60
Cool Ridge Water 600ml/ 750ml/	\$2.00 \$2.80
Schweppes bottles – 450ml	\$3.00
Daily Juice – 500ml.....	\$3.00

