Your classmates on the autism spectrum

autism spectrum

Help make your school a place where no-one on the autism spectrum is left behind.

Meet Jack!

Jack is 8 years old and on the autism spectrum. He loves football, computer games and his Golden Retriever Max!

Autism is a lifelong condition that affects how kids like Jack think, feel, act and communicate with others.

There are some things Jack finds hard, like being understood and understanding the social cues of others.

Loud noises, strong smells and bright lights can upset him and he may need to move away. Jack sometimes needs a little extra help with his class work too.

Although autism can make things challenging, it can also be a strength, as children on the autism spectrum can have amazing interests. Jack is an absolute champion at Minecraft!

How can you be inclusive of your classmates on the autism spectrum?

- · Show kindness and friendship.
- Ask if they want to join in, but don't be offended it they want to sit it out.
- Be patient and give them time to share their thoughts.
- Don't worry if things like noise, smell or light get too much and they get upset, excited or need to move away.
- Ask about their hobbies and special interests, you may learn some really great things!

To learn more go to:

autismspectrum.org.au/WAUD