

# chartwells autumn retail weekly menu 2026

week 1	mon	tue	wed	thu	fri
<b>hot grab n go</b>	bacon, cheese & beef pie	steak pies	potato top	beef pies	sausage rolls
<b>breakfast</b>	toasted ham & cheese croissant	bacon & egg brekky wraps	poached egg & smashed avo on sourdough toast	bacon & egg brekky wraps	bacon & egg english muffin
<b>recess</b>					
<b>1</b>	cheesy bean nachos	potato wedges with sour cream & sweet chilli	crispy chicken tenders	cheese toasties	pita pepperoni pizza
<b>2</b>	honey soy chicken wing	quesadilla with chipotle cheese	vegetarian spring roll	bbq beef hot dog	quesadilla with chipotle cheese
<b>3</b>	cinnamon scrolls	scones with butter & jam	baked churros with cinnamon sugar	veggie gyoza	mini beef pies
<b>lunch</b>					
<b>1</b>	chicken tikka masala with steamed rice & roti (o)	bbq pulled pork sliders	mac & cheese	chicken & bacon carbonara (o)	vegetarian lasagne with garlic bread
<b>2</b>	baked cannelloni with napoli sauce & cheese	NF sun blushed tomato pesto with penne	slow cooked beef ragu with pasta (o)	spinach & ricotta ravioli in rose sauce	grilled barramundi with roasted chats & crushed peas
<b>3</b>	grilled beef burger with cheese & salad	chicken & veg stir fry with steamed rice (o)	teriyaki chicken with steamed rice	canton style braised pork with steamed rice	pasta bolognese (gf available) (o)

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week 2	mon	tue	wed	thu	fri
<b>hot grab n go</b>	bacon, cheese & beef pie	steak pie	chicken & veggie pie	beef pie	sausage roll
<b>breakfast</b>	bacon & poached eggs on toast	bacon & egg brekky wraps	french toast bites with maple syrup	bacon & egg brekky wraps	shaksuka eggs with pita
<b>recess</b>					
<b>1</b>	cheese & bacon scrolls	waffles with berries, maple and cream	ham and cheese pinwheels	pancakes with berries compote & cream	ham & cheese pizza
<b>2</b>	cheesy hash browns	chicken, cheese and mayo fold overs	crispy chicken tenders	baked vegetable samosas with sweet chilli	margherita pizza
<b>3</b>	caramel slice	lamington with bakers jam & cream	raspberry coconut slice	crispy smashed baby potatoes with parmesan cheese	french crepes with banana & biscoff cream
<b>lunch</b>					
<b>1</b>	korean beef bulgogi with steamed rice	lamb curry with steamed rice (o)	chicken schnitzel sub	peri peri chicken & spiced rice	chicken mee goreng (o)
<b>2</b>	potato gnocchi with 4 cheese sauce	spinach & ricotta tortellini in creamy tuscan sauce	pork & fennel pasta (o)	chilli con carne with soured cream & rice (o)	shepherds pie
<b>3</b>	ham alfredo pasta (o)	greek chicken pita pocket with seasonal slaw & yoghurt sauce	braised tofu & steamed rice	chilli beans with rice	miso glazed salmon with steamed rice & edamame beans

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week 3	mon	tue	wed	thu	fri
<b>hot grab n go</b>	chili beef & cheese pie	chicken & vegetable pie	beef travellers pie	sausage roll	beef pie
<b>breakfast</b>	egg & hashbrown english muffin	bacon & egg brekky wraps	pancakes with maple syrup, cinnamon butter & cream	bacon & egg brekky wraps	shakshuka eggs
<b>recess</b>					
<b>1</b>	ham & cheese croissant	quiche lorraine with tomato relish	sticky date cake with butterscotch sauce & whipped cream	cheesy beef quesadilla	double cheese pizza
<b>2</b>	mini sausage rolls with tomato sauce	ham & cheese toastie	tandoori chicken wing	toasted tuna melt	salami & cheese pizza
<b>3</b>	chilli bean nachos with sour cream & cheese	egg fried rice	mini beef pies	kransky's in blankets	gf pizza
<b>lunch</b>					
<b>1</b>	veggie burrito bowl	char siu pork, pak choi & steamed rice (o)	teriyaki beef with steamed rice	roast beef & gravy roll	butter chicken with steamed rice & paratha (o)
<b>2</b>	chicken & chorizo penne pasta in creamy cajun sauce (o)	grilled chicken skewers with spiced rice & slaw	grilled chicken burger with, lettuce & tomato lemon aioli	creamy pesto gnocchi	sweet potato chickpea & veggie curry with steamed rice
<b>3</b>	crispy fish tacos	grilled haloumi mezze bowl	vegetable chow mein (o)	japanese chicken curry & steamed rice (o)	grilled barramundi, lemon rice & chimichurri

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week 4	mon	tue	wed	thu	fri
<b>hot grab n go</b>	beef pie	sausage roll	potato top beef pie	sausage roll	spinach & ricotta roll
<b>breakfast</b>	scrambled eggs & baked beans on toast	bacon & egg brekky wraps	breakfast burrito	bacon & egg brekky wraps	bacon & egg english muffins
<b>recess</b>					
1	veggie spring roll	french toast with banana & honeyed cream	tom yum noodle soup	sausage roll	margarita pizza
2	cheese and tomato melts	steamed beef dim sim	chicken taquitos	chorizo & roasted red pepper torte	pepperoni & cheese pizza
2	beef nachos	crispy chicken tenders	vegemite & cheese scroll	devil wings	gf pizza
<b>lunch</b>					
1	beef meatball subs with marinara sauce & cheese	katsu chicken curry with steamed rice	grilled chicken bahn mi	mexican beef tacos	pasta bolonese
2	pasta amatriciana with shaved parmesan	bacon carbonara with penne pasta	beef ravioli with creamy cajun sauce	sweet & sour chicken with steamed rice	grilled garlic butter barramundi with crispy smashed potatos and tartare
3	cauliflower & spinach curry with steamed rice	red lentil dhal with steamed rice & roti	spinach quiche with salad	spinach & ricotta tortellini in creamy rose sauce	vegetarian lasagne with garlic bread