



CROYDON SDS

AQUATIC/HYDROTHERAPY PROGRAM INFORMATION

The Aquatic Program in the school swimming pool will include the following activities and your child may be involved in some or all of the activities.

- Various methods of entering and exiting the water
- Water familiarisation
- Hydrotherapy
- Water safety skills
- Experience with use of kickboards, flotation devices, etc
- Use of spa

As part of the Aquatic Program, we require students to bring:

- **bathers**
- **two towels**
- **swim nappies if needed. Parents please supply**
- **ear plugs if needed. Parents please supply**

In the occurrence of:

- 'rash type' conditions or
- An open infected wound, students will not be able to use the pool until healed or
- Any diarrhoea or gastrointestinal illness – *no swimming for 14 days*

If there are any medical changes, please inform the school immediately.

A medical clearance letter is required for students with epilepsy which must be signed by a medical practitioner. This is a separate form.