

## Transition from Primary to Secondary

*A free information session for parents and carers*



Presented by Kate Wilde from the human development Workshop

Transitioning from primary to secondary school is a significant change for students more than ever in today's society, with the additional challenge of COVID. The adjustment can feel full of possibilities and yet, fraught with unknown perils. Although most students (and parents) feel a huge sense of nervousness, it's a journey of change that can be made positive - with preparation, planning and support.

### DETAILS

Tuesday 7 December 2021

7:00pm – 8.30pm

Online via Zoom (link below)

### BOOKINGS ARE ESSENTIAL

To register, please complete the online booking form [here](#)

For more information on the session, you can contact Michelle Pascoe - Community Youth Worker at

Knox Youth Services on 9298 8000 or via [michelle.pascoe@knox.vic.gov.au](mailto:michelle.pascoe@knox.vic.gov.au)

### WHAT WE'LL COVER

- Getting ready for secondary school: The 'easy' stuff - routines, public transport, homework
- Getting ready for secondary school: The 'tricky' stuff - friends, bullying, anxiety
- A Parent/Carer only session will be available for the last 30 minutes on managing technology, anxiety and supporting your child's resilience