

Monash Chinese Family Parenting Education Program  
蒙纳士市华人家庭教育/信息计划

Community Workshop 社区讲座:  
Introduction to Parenting Teenagers in Australia  
在澳大利亚培育青春期子女

Facilitators: Helena Laverie (Senior Practitioner  
Anglicare Parentzone 伴有中文翻译)



Joseph Jin (Uniting Parent Educator)



Date: Tuesday 19 November 2019

Time: 6.30pm – 8.30pm

Venue: Glen Waverley Uniting Church (GWUC)

Address: Cnr. Bogong Ave & Kingsway, Glen Waverley 3150

Leading Facilitator Helena has been facilitating parenting groups and workshops throughout Eastern Metropolitan Melbourne for over 12 years with Anglicare PARENTZONE. Helena is a parent of four adult children. Helena has qualifications in Group Facilitation, Family Therapy and Drug and Alcohol counselling. Her passion is strengthening relationships between parent/young person/child through education, empathy and connection. 我们荣幸邀请到资深育儿专家 Helena 为华人家长讲解在澳大利亚培育青春期子女入门之道。答疑解惑，机会难得。

Helena's talking Teens will cover 讲座内容将包括:

- ✓ Philosophy of parenting 育儿哲学
- ✓ Different stages of teenage years 青少年时期的不同阶段
- ✓ Relationship building 建立有效亲子关系
- ✓ Parenting plan 育儿计划
- ✓ .....



**RAISING GREAT KIDS IS A PARENT'S GREATEST COMMITMENT.**

**培育优秀子女是父母最大的事业！**



Enrolling is essential for the sessions due to limited spaces 名额有限，必须报名方可参加以上活动

Contact 联系人: Joseph Jin (金老师) Program Coordinator P 8873 5434 (直播) P 9875 4222 (前台) E [Connections.ChineseFamilyProgram@vt.uniting.org](mailto:Connections.ChineseFamilyProgram@vt.uniting.org)

Our purpose: ...to assist Asian migrant families to integrate into society and successfully settle in Australia.

我们的服务宗旨：帮助亚裔移民家庭融入社会，在澳大利亚安居乐业。