

## PROMOTING INDE-PENDENCE SKILLS IN DAILY LIFE

## **TUESDAY 5TH MARCH 6.30 - 8.30PM BAYSWATER**

As parents, we wish for our children to grow up happy and independent. Irabina Autism Services can help you with the tools you need to ensure that your children gain the skills to achieve this.

This workshop will explore the development of independence skills in children with autism spectrum disorder (ASD). We will discuss the stages of skill development in the areas of:

- dressing
- toileting
- feeding
- daily self-care tasks

Strategies to support children to become more independent in their day-to-day will be discussed and relevant resources to help will be shared. The workshop is suitable for parents and carers of children with ASD and healthcare and education professionals.

To indicate your expression of interest or if you have any questions please call (03) 9720 1118.