

# Seymour Family & Children's Centre

## Weekly Activities Term 1 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Foyer</b>	<b>Muffin Mondays</b> 8.45am – 9.15am		<b>Storytime</b> 8.45am – 9.00am	<b>Coffee &amp; Chat</b> 9.00am – 10.00am	
	<b>Community Pantry, Book Swap, Free Computer Access, Free Tea &amp; Coffee</b>				
<b>Kids First Kindergarten</b>	<b>3 &amp; 4 Year Old Kinder</b> 9.00am – 2.00pm	<b>Baby College</b> 11.00am – 1.00pm	<b>3 &amp; 4 Year Old Kinder</b> 9.00am – 2.00pm	<b>3 &amp; 4 Year Old Kinder</b> 9.00am – 2.00pm	
<b>Health &amp; Wellbeing Consulting Rooms</b>	<b>Maternal &amp; Child Health Nurse (MCH)</b> 9.00am-3.00pm by appointment on 5734 6253	<b>Maternal &amp; Child Health Nurse (MCH)</b> 9.00am-3.00pm by appointment on 5734 6253	<b>Maternal &amp; Child Health Nurse (MCH)</b> 9.00am-3.00pm by appointment on 5734 6253		<b>Nexus Speech Pathologist</b> 9.00am-3.00pm Ph 1300 77 33 52
	<b>Nexus Nurse Practitioner Natalie</b> Ph 1300 77 33 52		<b>Nexus Speech Pathologists</b> 9.00am – 3.00pm Ph1300 77 33 52	<b>Kilmore Health Antenatal Clinic</b> Ph 57342 162 9.00am – 1.00pm	<b>Nexus Occupational Therapist</b> Ph 1300 77 33 52
<b>Multi-Purpose Room</b>	<b>My Time Support Group</b> 11.00am-1.00pm  12 February 26 February 25 March	<b>Kids First Universal Playgroup</b> 9.00am – 10.30am	<b>Paint by Numbers</b> From 9.00am		<b>The Bridge Young Parents Group</b> Fortnightly 11.00am – 1.00pm
		<b>MCH New Parents Group (By invitation from MCH Nurses)</b> 1.00pm – 3.00pm	<b>Mitchell Shire Council Immunisation Sessions</b> 1.30pm – 2.30pm 1 <sup>st</sup> Wednesday of every month. No booking necessary to attend.		<b>Mums &amp; Bubs</b> 1.30pm
		<b>Small Talk Supported Playgroup</b> 11.00am – 1.00pm			