

LUNCH ITEM ONE

SALADS

Greek Style Salad with Feta and Olives (V, GF) Pic(k)nic Box – Vegetarian (V, GF) Pic(k)nic Box with Ham (GF) Pic(k)nic Box with a Whole Egg Falafel with Tabouli Salad (V,G/DF, H) Mexican Inspired Salad (V, GF) Tuna Mix with Brown Rice & Quinoa Cakes (V, GF)

SUSHI

Teriyaki Chicken Hand Rolls (2) Cooked Tuna Hand Rolls (2) Avocado Hand Rolls (2) Cucumber Hand Rolls (2) Vegetarian Hand Rolls (2) Tofu Hand Rolls (2)

BAKERY

Cheese and Bacon Roll Cheese and Vegemite Scroll (w/m) SCROLL with Ham & Cheese Semi Dried Tomato and Olive ROLL Topped with Only Cheese Roll GOZLEME - Lamb & Beef (H) GOZLEME - Spinach and Cheese (V, H)

BAKED FRESH PIZZAS

(Thin & Crisp, Served at room temp)

Margherita Pizza Ham and Pineapple Pizza

SANDWICHES, ROLLS & WRAPS

Turkey, Cranberry, Lettuce and Cheese Sandwich Gluten Free Ham & Cheese Sandwich (GF) Simple Salad Roll (V) Cucumber & Ham Sandwich (GF) Vegemite Sandwich (2) Mild Salami and Salad Roll Plain Cheese Sandwich (2) Roast Beef, Fruit Chutney, Cheese and Lettuce Roll Cheese and Salad Roll Wholegrain ROLL with Cheese and Tomato WRAP (GF, DF) Ham and Salad Wholegrain Ham and Cheese Sandwich Chicken MAYO and Lettuce Roll (H) Garden Salad Wrap (GF,DF,V)

COMMENCING with ABERFELDIE PRIMARY AVAILABLE ON THURSDAY'S! Order ONLINE until 8.30am on the DAY LUNCH IS REQUIRED

LUNCH ITEM TWO/THREE

FRESH FRUIT & VEG

Freshly chopped strawberries with Grapes Fresh Fruit Combo Lightly Steamed Corn wheels & Broccoli pieces Celery & Carrot Sticks with Sultanas Chopped Carrot, Cucumber, Red & Yellow Capsicum Apple pieces with Lemon Juice, Cinnamon & Brown Sugar Chia Bowl with Banana, Coconut & Strawberries Sugar Snap Peas, Beans & Cherry Tomatoes Cantaloupe & Honeydew pieces Edamame (Lightly Salted) Cherry Tomatoes with Tasty Cheese & Rice Crackers Freshly chopped Orange Segments Whole Fruit – Banana OR Mandarin

YOGHURT

Strawberry Chobani Yoghurt Blueberry Chobani Yoghurt Passionfruit Chobani Yoghurt Plain Chobani Yoghurt

BAKED GOODS

Choc Chip Cookie Cornflake Cookie Finger Bun with Sprinkles Hedgehog Slice Choc Cup Cake (GF,DF) Blueberry Muffin Fruit Bun Jam Drop Biscuit (GF, NF, H)

DIPS & CRACKERS

Tzatziki Dip with Rice Crackers Avocado Dip with Rice Crackers Spring Onion Dip with Rice Crackers

POPCORN/SNACKS

Dried Fruit Medley with a Yoghurt Frog Popcorn - Lightly Salted Popcorn - Slightly Sweet, Lightly Salted Lightly salted Fav'va Beans Chickpeas with Lime & Black Pepper Balsamic & Sea Salt Fav'va Beans

DRINKS

Apple Juice Orange Juice Full Cream Milk Nippy's Chocolate Strawberry (Lactose Free) Milk So Good Soy Milk

Healthy, Interesting & Affordable Lunches Delivered to School! More information about Our Offering including Pricing, Ingredients and Portion Size is available on the Our Menu Page at www.classroomcuisine.com.au