

A FREE six session program for parents of 2-10 year olds

Would you like to learn how to

- be better at talking with your child?
- be better at understanding your child?
- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?

Wednesdays 10am- 12noon starting 2 March - 6 April 2022 ONLINE

Call FamilyCare's Central Intake 1800 161 306 to register your place or <u>register online</u>



This workshop is for parents and/or carers in the Goulburn Region (Greater Shepparton, Moira, Strathbogie, Mitchell and Murrindindi)