## Banyule City Council – Active to School Newsletter – August 2023

## And 'Active to School in Banyule 2023' is a LAUNCH!

Active schools in Banyule have kicked off their sustainable & active travel programs this month with some dynamic and innovative curriculum extensions in health, environment, community and road safety. Join schools on their journey to see all the different ways that students and whole school communities are learning about sustainability and interconnectedness as well as how they can positively affect their individual and collective futures. Meet the students from Ivanhoe East Primary School (Ivanhoe) and St Pius X Primary School (Heidelberg West).





Returning for a second year running, **Ivanhoe East Primary School** are seasoned active travellers when it comes to walking, riding or scooting to school. Last year saw a 30% increase in sustainable transport during their month-long program and school captains hope to top that success this year. Like the recent warm spring weather, competitions for most active class and most active individual student are just heating up!



St Pius X Primary School students kicked off last week by taking the whole school for morning walks around the neighbourhood, getting in their steps and connecting with community in the process. A well-organised and integrated program has included a meet & greet with Heidelberg Community Police, health & wellbeing sessions from the Banyule Community Health Promotion Team and the Aboriginal Health Team, and an education session on road safety with RACV.

The school has a walkathon planned for Monday 11<sup>th</sup> September with a full schedule of events that include neighbourhood way-finding, community treasure hunt and sausage sizzle. What fun!

https://www.banyule.vic.gov.au/News-items/Sustainable-and-active-school-travel-program

Find out more about **Active to School in Banyule** or register your school to participate by contacting the Sustainable Transport Education Officer, transport@banyule.vic.gov.au

## **Upcoming Events Around Banyule**

Need more reasons to get excited and involved with your community? Check out these family-friendly events coming up around Banyule.



Looking to connect with the environment at a family-friendly event? Spend this Father's Day, Sunday 3<sup>rd</sup> September, discovering **bush orienteering** at Nangak Tamboree Wildlife Sanctuary in Bundoora.



Or join our Bush Crew for a **torchlight walk**, Friday 8<sup>th</sup> September, to learn about and observe some of our nocturnal wildlife along <u>Darebin Creek Reserve</u>, including Krefft's gliders, tawny frogmouths and possums.



**Cultural Walk & Talk**: This school holidays, Wednesday 20<sup>th</sup> September, join us on a tour of <u>Banyule Flats</u>
<u>Reserve</u> to listen and learn from two Wurundjeri Woiwurrung Elders, Uncle Bill Nicholson Jnr and Uncle Dave

Wandin. Both Uncle Dave and Uncle Bill will guide you through some of the area's local significance, talk about the importance of connecting with country and share detailed local knowledge of the Wurundjeri Woi-wurrung culture.

For more information, and to register, browse the 'What's On' tab on Banyule Council's website.

https://www.banyule.vic.gov.au/Events-activities/Whats-on

Biketober Banyule 2023 is coming this October



Biketober is a fun, free campaign from Love to Ride that encourages and supports people to ride bikes. Banyule City Council is encouraging all **workplaces** within the municipality to get involved. Signing up is free and there are prizes up for grabs including a e-bike and a \$4,000 holiday.

A workplace health and wellbeing challenge for school staff and whole school community. As a staff, your school can register as a workplace group, and parents are encouraged to create their own 'Active Travel' group.

## How does it work?

- Register your school for Biketober at https://www.lovetoride.net/banyule
- Encourage your staff to <u>sign up</u> to Love to Ride and join your workplace profile. Free marketing resources, including the poster attached to this newsletter, are available – reach out to <u>transport@banyule.vic.gov.au</u> for more.
- Once someone has been for a ride, they log it on their profile, or the Love to Ride app will do it automatically (iOS app currently available and Android coming soon)
- Bike anywhere, anytime and encourage others to earn points the workplaces with the highest number of points will top the leaderboards
- There are amazing prizes up for grabs to anyone that takes part, regardless of their riding experience! Staff that register before 1 October go into an earlybird draw to win an e-bike valued at over \$3,800

For more information please contact – <a href="mailto:transport@banyule.vic.gov.au">transport@banyule.vic.gov.au</a>