Dear Parents,

I am reaching out to invite you to participate in the Stephanie Alexander Kitchen Garden Program and lend your expertise to enhance our Program. As valued volunteers, I believe your skills and passion for cooking and gardening can make a significant difference in our endeavour.

The Stephanie Alexander program focuses on promoting healthy eating habits and providing cooking and gardening skills to children. By engaging students in hands-on experiences within a kitchen garden setting we aim to instil an appreciation for fresh grown produce and equip them with valuable culinary abilities, as well as help them in making better choices for their health and wellbeing.

Your involvement as kitchen garden volunteers would greatly contribute to the success of this Program. I am confident that your experience and knowledge in cooking will inspire the children, giving them a firsthand understanding of sustainable food practices and the joy of preparing and sharing meals.

In your role as a kitchen garden volunteer, you will have the opportunity to

1. Collaborate with me to implement engaging cooking activities that align with the Stephanie Alexander program’s objectives.
2. Guide and teach students about the benefits of fresh and healthy ingredients while nurturing culinary skills
3. Work alongside other volunteers, sharing your expertise and helping create a holistic and vibrant environment.
4. Support the maintenance and development of our kitchen garden, ensuring the availability of an abundant supply of fresh produce for the children to use.

Your commitment can be flexible, fitting around your availability and preferred level of involvement. Whether you can dedicate a few hours a week or participate in specific events, your positive contribution will significantly impact the children we serve.

Volunteers needed are not restricted to the following areas, with the exception of the Thursday class run Program:

* Thursday’s Class Sessions: Pre and Post preparation and cleaning in the kitchen
* Thursdays Class Session: Monitoring, assisting students with culinary skills during class sessions 9.50am to 10.50am and or 11.40am to 12.40pm.
* Green thumbs to maintain and tend to the garden during the week and or during school holidays e.g. digging, watering, mulching, planting etc.
* Donating and planting seedlings from your own gardens.

If you are interested in joining me to help make a real difference in our community, please reply to tscimone@sayarraville.catholic.edu.au . I will be happy to provide you with further information and discuss potential opportunities for collaboration, as well as clarify any questions you may have.

I sincerely thank you once again, for your time and consideration and look forward to working together to create a nourishing and inspiring kitchen garden experience for the students at St. Augustine’s.